MUNDHAM MONTHLY



Bodnor Rocks Bodnor Rocks

Peter L

Country Roads Take Me Home To the Place I Belong....

- We Live On A Beautiful Island. p10 Helena Conjures a Carefree North Wales Holiday!
- To Where Mart Discovers His Roots; p9
 A true story of coming home.
- On A Grand Day Out in London! p6
 Nature meets culture in a stimulating and relaxing walk around St James Park. Fun and affordable.
- Amongst Some Crazy Wildlife. Freaky Photography. p8
- As Part Of The Residents Association? p4

What's Goin' On?

- Summer Days Are No More. Autumn Leaves unsettle us. Art; Celia. p3
- How about the British Legion Poppy Lunch hog roast? Just a few tickets left.
- Don't Miss Out On The French Exchange Art Evening—with added wine & nibbles. p4
- Sign Up and Muck-in with MWHG.
 Outdoor fun-Cake included! Activities/dates p4

I Heard It Through The Grapevine.

- Matthews Gardening Tips Will Brighten Your Patch Next Year!
- Ann Wilsons Coffee Morning Went Really Well.
- There's A New Clothes Bank In Town. p3
- Bats Are Birds And Bats Are Rats?
 Colins' poem wryly untangles the issues.

 p5
- Climate Change Is Right Here, Right Now.
 Can you help the Parish navigate the future?
- There's Great Local Produce At The Farmers Market.
 p5
- Souper Smooth Winter Warmth Recipe.
 Roast Fennel, Lemon & Pea Soup is a wonder. p11

Our Usuals.

Crossword. p7/12Small Ads & Notices. p12

Please forward this edition to your friends, if they would like to receive a regular copy they can email us at mmmmeditors@gmail.com Louise Russell & Mick Lovell

NORTH MUNDHAM PARISH COUNCIL



Working for the whole community

North Mundham Parish Council Report

Earlier this year, the Parish Council resolved to form a working party to consider climate change and the environment. Two councillors volunteered to form the nucleus of this group, supported by the Clerk, but we are looking for volunteers from local residents to join the working party. If you are interested please contact me or the Clerk and we will put you in touch with Councillor Oliver Langmead who has volunteered to chair the working party.

I am aware that there is considerable interest in the prospects for the three current outline planning applications, for up to 30 houses at Streamside (21/03448/OUT), 19 houses at Post Office Lane (21/02878/OUT) and 94 houses at Charman's Field (22/02191/OUT). The parish council has registered its objections to all three of them, for various reasons, and you can find the text of our objections on the Chichester District Council website. The first two are listed as 'pending decision', and we would expect them to come before CDC's planning committee, though at the time of writing I cannot tell what the planning officers' recommendations will be, or whether they will be on the agenda for the next meeting on 9 November.

Some of you may also be subscribers to 'connect', the church magazine for North Mundham and Hunston. Sadly, we have learnt that no replacement editor can be found, and the next issue will be the last. I have suggested that those with internet access might be able to join the Mundham Monthly distribution. I have been writing monthly reports for both publications, though they have not always been exactly the same because the publication dates are different. My reports have formed the basis for a regular item of news on the Parish Council's website, which is also distributed by e-mail to those on our mailing list, and which contains other items of interest. If you have access to e-mail, and would like to receive regular reports from the Parish Council, please feel free to contact the Clerk at clerk@northmundham.org to ask to be put on the list. Your e-mail addresses will be kept entirely private, and you can unsubscribe at any time.

Tim Russell, Chairman. 01243 781052. t.russell@northmundham.org

The current Parish Council Newsletters can be found by clicking here. PC Newsletters.

Councillors.

A list of your Parish Councillors can be found here:

Parish Councillors | North Mundham Parish Council

The Parish Council meetings schedule is here:

Schedule of Meetings | North Mundham Parish Council .

Links to local walks in the parish can be found on:

Footpaths and Bridleways in and around the Parish | North Mundham Parish Council

Some useful emergency contact details are :-

- For planning issues, the Planning Authority is Chichester District Council.
 Their general contact number is 01243 785166. For contact out of hours call 01243 785339.
- For planning use 01243 534734.
- For reporting all sorts of footpath or road defects, you can also use Love West Sussex at:

 <u>Love West Sussex Love Where You Live</u>
- But for street lights of any kind, including traffic lights and illuminated bollards, click on:

 West Sussex Street Lighting Services | Report a fault with an item (lightsoninwestsussex.co.uk)

What's Happening: Local?



Poppy Lunch 1200

Sunday 13 November 2022

North Mundham Village Hall, School Lane, PO20 1LA Hog Roast, Salads, Puddings

Cash Bar and Raffle

Donation £10

Ticket Number

Please email annie@maclean.myzen.co.uk if you require a vegetarian option

The annual Poppy Lunch will be held in the North Mundham Village Hall at 1200 on Remembrance Sunday 13th November.

Tickets are available from Lynn Mears, Jo Williams, Louise Russell and David Maclean.





Isn't This Wonderful!

-Ann Wilson raised £777.20 at her South Mundham coffee morning in aid of Macmillan Cancer Support.

> In aid of Macmillan Cancer Support

WE ARE
MACMILLAN.
CANCER SUPPORT



New Clothing Bank Containers in the Playing Field Car Park.

With thanks to reader Paul C.

What's Happening: Local?



Mundham French Exchange.



Continuing our programme of events to whet your appetite for the next French exchange visit, we are planning a lavishly illustrated slide talk exploring how France became the art centre of the Western World. Florence had been the cradle of the Renaissance in the fourteenth and fifteenth centuries and then Rome became the magnet for artists. However by the end of the eighteenth century, Paris was attracting artists from all over the world, to study and to create some of the most memorable paintings of all time, in fact Impressionism is *the* most successful art movement ever.

Wine, soft drinks, cheese and patés will be served part way through the evening, in the large pavilion at the village hall, on Friday 18th November, 7.15 for 7.30.

Tickets £15 to include interval refreshments and a lucky ticket prize draw; For more information ring Celia O'Shea on 07799646390 or email celia@firethorn.me.uk.





DO YOU WANT A RESIDENTS ASSOCATION?

- The previous Residents Association known as MARRA (Mundham and Runcton Residents Association) no longer exists. It was suspended during COVID.
- In the past MARRA had some notable successes, including contributing to the abandonment of plans to set up cooking facilities in the Horticultural Development Area.
- MARRA funds are secure in a bank account.
- The question is: Does our villages want to restart MARRA?
- If so, a new committee is required, which will need to provide a wide representation of the community. It will need a new Chairman, Treasurer and Secretary, and members.
- Do you wish to: See MARRA reinstated? Are you prepared to serve on the Committee, and in what position?

Please contact Chris Page 01243 380009 or chrislwpage@btinternet.com

MANHOOD WILDLIFE AND HERITAGE GROUP. Volunteering: November 2022

We are going to be alternating Thursday and Fridays working parties from now on and have also popped in a Saturday morning to see if anyone that works in the week can make this one.

TO VOLUNTEER FOR ANY OF THE BELOW ACTIVITIES PLEASE SIGN UP ON THE <u>MHWG WEBSITE</u> SO YOU CAN RECEIVE THE LATEST UPDATES.

Each week we will post more details of where we are working, what we will be doing, where to park, what to bring etc. You can sign up then.

This is what we have planned for November:

Friday, 4th November - vegetation management, Hilton Park pond, East Wittering Thursday, 10th November - dead hedge creation, Bracklesham Barn ditch, Bracklesham

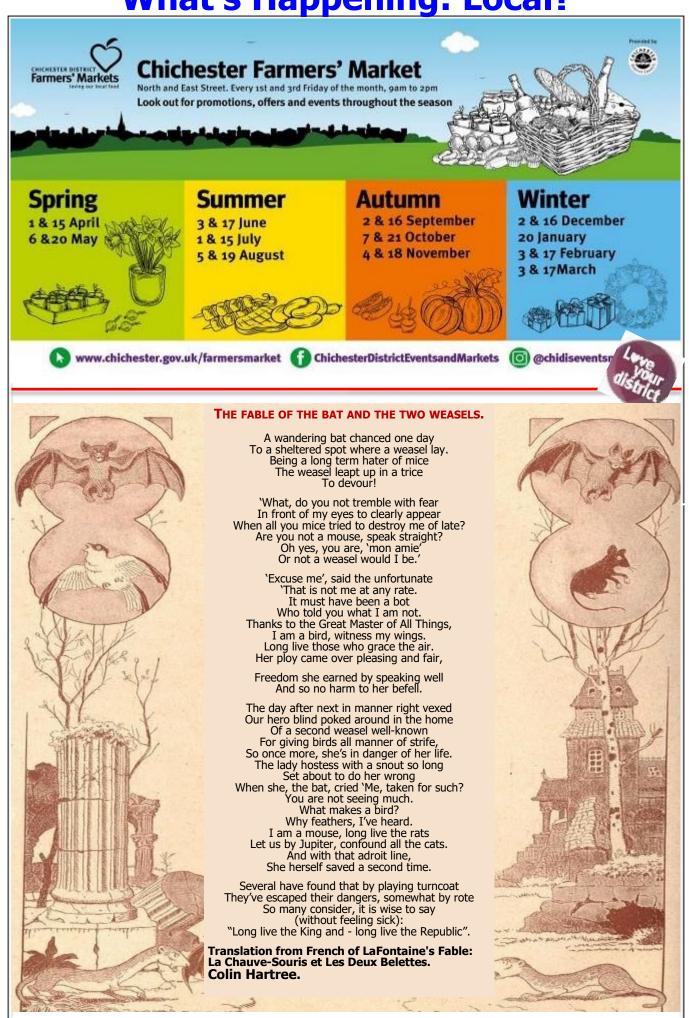
Saturday, 12th November - vegetation management, Triangle pond, Birdham Friday, 18th November - Plant trees, West Wittering Tree Nursery Thursday, 24th November - Tree planting, Downview Rec Ground, East Wittering

We will always send out an email on the morning of a working party if it is going to be cancelled due to dangerous weather conditions or a last minute issue.





What's Happening: Local?

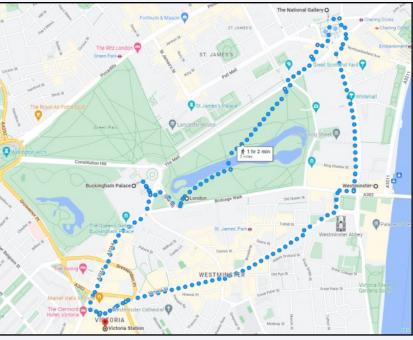


Please forward this edition to your friends, if they would like to receive a regular copy they can email us at mmmeditors@gmail.com Louise Russell & Mick Lovell

History, Culture and Nature Combine In a Short Walk Round The Heart Of Our Capital.

Car Free Is Carefree.

London is one of the worlds great capitals and has been much in the spotlight lately; particularly the area around Buckingham Palace, Westminster Abbey and the Houses of Parliament. It's a very pleasant, varied and surprisingly affordable day out from West Sussex, especially travelling off-peak with a railcard and taking advantage of the lower tariffs available when booking ahead.



This walk allows plenty of time to visit and snap the famous sights together with browsing in our National Gallery AND lingering in St James' Park amongst its greenery, lake and fabulous views. The autumn leaves add to the delight. The park has the further advantage of allowing visitors to stroll along away from the hustle and bustle.

Free tickets to The <u>National Gallery</u> public galleries can be booked ahead to ease queuing. Perfect for a sunny Autumn day out and all possible in the off-peak period of travel.

On our recent visit we followed some of the route of the royal funeral procession having watched it on TV. Passing Westminster Abbey, Horse Guards and The Cenotaph brought back the splendour, solemnity and sadness we had felt in saying goodbye to Queen Elizabeth.

You will continue past the Houses of Parliament and Big Ben looking splendidly renovated; glowing deep gold in the Autumn sun. Then on to New Scotland Yard before finding yourselves in Trafalgar Square. The famous pigeons are kept at bay courtesy of a Harris Hawk which you may chance to see. We spent an hour or so in the National Gallery where we enjoyed comparing Turner to Seurat and Van Gogh. Some of the worlds greatest canvases all available for public view.



Indeed we viewed Van Goghs 'The Sunflowers' a few days before the infamous 'Soup Incident'. We understand that, fortunately, the painting had a protective 'film' over it. I wondered; was it Campbell's Soup that was thrown?



Of course all this perambulation was fuelled with copious coffee and cake stops. Then, on our way back to Victoria Station, we headed through St James Park; with some of the best views in London and a blessed relief after the traffic near Trafalgar Square. There are many birds in the park but the pelicans didn't show, so we had to make-do with biscuit-eating Greylag geese. We



understand that the pelicans are held out of public contact since Avian 'Flu is still rife. Nevertheless, there's much wildlife to savour and entertain.

We drifted past Buckingham Palace just in case His Majesty was in residence and we could wave to him as he had afternoon tea. No such luck however. So back to Victoria and on to Bognor (Regis)- we've got royal connections too!

Take care to check which days are affected by rail industrial action. Information is available on the Southern Rail website.

The Best Gardening Jobs to do in November Matthew.

Putting in the effort now to prune and clear the garden and also care for wildlife will pay dividends next year. Matthews tells you how.

As we transfer through autumn to winter the days get shorter, but there's still plenty of jobs to do in the garden this month

November may seem like a time when there's not many jobs to do in the garden, however there are lots of important jobs to keep you busy and your garden tidy. For example, this month is a great time to prune trees, hedges, and shrubs, especially fruit bushes. The job becomes easier once the leaves have fallen and you can see what you're cutting better. Therefore, you can get your secateurs out and begin to prune remembering to remove all the dead first and then cut back or away anything that is growing inwards or causing damage. This will then keep the plant healthy and allow room for growth, as well as lessening the chances of pest infestation. You can also get rid of your garden waste by putting it in the green bin. But you should save some prunings for reasons that will be mentioned later in this article.



With this month consisting of leaves constantly falling and the inevitable autumn rainfall, it is a good time to tidy up your garden surface. Whether you're just sweeping your patio or raking leaves of the grass, it is a little job that makes a big difference, making your garden look a lot tidier and well organised.



Moreover, if your lawn needs a cut, you can do so on a high cutting. It is also likely that this will be the last regular cut of the year. The lawn mower can also suck up all the fallen leaves if they haven't been raked up already.

It is also important to look after wildlife this month. This is because this month can be a difficult time for the wildlife due to the cold weather. As well as this, with winter approaching we must help prepare the wildlife for what is

to come with shelter and food. For example, with the prunings that you have cut, you can build a dry wildlife stack, which acts as a bug hotel providing safe shelter for the wildlife. You should also continue to top up bird feeders with sunflower seeds, crushed peanuts, and dried fruits to provide them with a great food source throughout the winter, as well as attracting a variety of birds to your garden.

Matthew Wiggs: Mobile: 07771 857432,

Email: mwiggs@btinternet.com

CROSSWORD.

Across

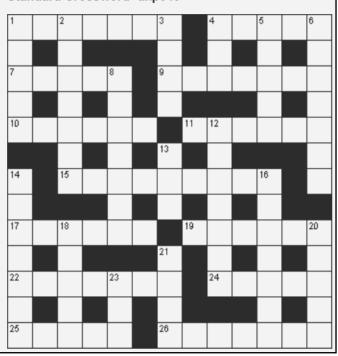
- 1. Moment (7)
- 4. Graphic (5)
- 7. Steps (5)
- 9. Love story (7)
- 10. Gives up (6)
- 11. Topics (6)
- 15. Nutritionist (9)
- 17. Nearly (6)
- 19. Movie genre (6)
- 22. Transport system (7) 14. Angry dispute (7)
- 24. Dye (5)
- 25. At a subsequent time 18. Slightly wet (5)
- 25). Recite (7)

@ Puzzle Choice

Down

- 1. State indirectly (5)
- 2. Accomplish (7)
- 3. Limited period of time (4)
- 4. Vitality (3)
- 5. Animal toxin (5)
- 6. Chest of drawers (7)
- 8. Sorrow (7)
- 12. Monstrous (7)
- 13. Fuel (3)
- 16. Paradise (7)
- 20. Scope (5)
- 21. Song of praise (4)
- 23. Armed conflict (3)

Standard Crossword- ukp040



Autumn Leaves by John Everett Millais 1856



Millais was one of the founding members of The Pre-Raphaelite Brotherhood in 1848 – their aim was to restore the clarity of conviction and freshness of (as they saw it) 15th century painting. It had a quasi-religious slant influenced by medieval art as opposed to the art of Raphael, championed by the Academy. The art critic Ruskin urged the artists of the brotherhood to 'go to nature' and described the painting as 'the first instance of a perfectly painted twilight'; Millais' wife Effie wrote that he had intended to create a picture that was 'full of beauty and without a subject'. Now there's a modern thought!

The girls in the painting are raking and collecting together fallen leaves to make a bonfire. Two are wearing rough working class clothing but the two girls on the left wear middle class clothing of the period – these are Millais' two sisters-in -law, Alice and Sophy Gray.; Millais' wife Effie famously left Ruskin having obtained a nullification of the marriage on grounds of non-consummation.

The painting has been interpreted as a representation of the transience of youth and beauty, one of Millais' favourite subjects. The apple that the youngest girl holds may refer to Eve's expulsion from The Garden of Eden and thus the loss of childhood innocence; influenced by Tennyson's poem 'In looking on the happy Autumn fields, and thinking on the days that are no more', from "Tears, Idle Tears".

CAO'S Oct 31 2022







Wildlife comedy pics.
Click below for all the finalists of:

The 2022 Comedy Wildlife Photo

Awards - ABC News



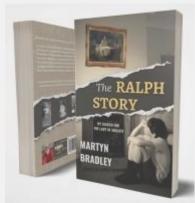


The Ralph Story: My search for The Lady Of Shalott.

Christmas 1961

An incident occurs which splits a family.

It is at this moment that 12-year-old Martyn Bradley discovers that he is adopted (even though he's not sure what that means). In seeking further information from his mum, he is told a story so shocking that he resolves to find his birth mother and family, however long it takes. This book follows that quest from his early childish efforts right through to his adult research and beyond. A true emotional rollercoaster, combining rich storytelling with elements of social history spanning five decades.



Above is the back-cover blurb from The Ralph Story.

It is just over ten years now since I finally discovered my family at the other end of the world. I remember the vicar James Russell and his wife Annabelle coming for tea in the garden and hearing the entire story. His response was the same as it had been from his predecessor, Victor Malan, and just about everyone else.... You must write a book!

I have lived in North Mundham for over 30 years and the book has been written throughout the last ten of those. It has finally now been published and the response has been quite astounding. Nobody has been more amazed than myself! The book started to sell well online via Amazon, gaining brilliant reviews and I was immediately invited to tell the story and discuss the book on 'Saturday Live' BBC Radio 4 to 2.4m listeners. Following the broadcast we were featured on Amazon's "hot new releases" and actually topped the best-selling "Memoirs" section for a



while, knocking Adam Kay's "This Is Going To Hurt" into second place! The book is now widely available and featured on most online literary sites such as Waterstones, Goodreads and Wordery. "Who Do You Think You Are" magazine featured it in their June issue which lead to another nice boost to the sales graph. As I said, I'm amazed at the book's success here but it is in South Africa that things are really happening, mainly due to the tireless work of my sisters but also helped, I suspect, by the Nelson Mandela connection to the family. It is especially pleasing for me to see the pictures I'm sent of the book in the "South African interest" sections of the S A bookshops. I fly out in late October for a month of travelling and various promotion events, book shop signings etc, together with the two wonderful sisters I never knew I Had!

Many people in the village have actually known about all this for some time but in case you don't, everything is explained on the website: www.theralphstory.com where the whole first chapter is to be found. There is also a link to the BBC "Saturday Live" website where the interview has been added to their "Clips of the week".

Everything about the book was conceived and completed here, it is very much a village affair: My good friend Gary Middleton has a lounge which resembles the one at home in our house in Sidcup when I was 12. He didn't mind us totally emptying it in order to take the cover photo (the relevance of which is explained fully in chapter one) and young Harley Seacombe-Murray, who lives just up the road, did a great job standing in as the 12-year-old me. Most thanks have to go to my daughter, Abi, who was brought up in the village and many of you will remember from Mundham School. Without her support and encouragement the whole search would probably have come to an unfulfilled end.



So to all of our friends and acquaintances who kept saying "when's the book coming out?" it's out now and is available online at Amazon.co.uk and from all

good Bookshops. I also have a stock at home with which to supply local village people (much cheaper naturally!) simply email me at ralphwellington.49@hotmail.com or phone 01243 533744)

Cheers

Martyn Bradley/Ralph Wellington

STAYCATIONS: Car Free is Care

CAR FREE. CAREFREE. ECO-FRIENDLY STAYCATION IN NORTH WALES.

All these journeys use rail transport. Consider purchasing a local railway rover ticket.

Take the train from Euston, London to COLWYN BAY, which may require a change to local services - possibly at Chester. Colwyn Bay is a Victorian seaside resort with a long sandy bay and pleasant public gardens. There are plenty of places to stay so this makes a great centre from which to explore North Wales.

For a day out take the train to Llandudno Junction for the service north to



Great Orme Tramway.

LLANDUDNO, a traditional resort still overseen by the local Mostyn family. It is the largest resort on the north Wales coast and is dominated by The Great Orme which can be climbed on foot or by tramway and cable car. The Great Orme has ancient caves and evidence of mining. It is

also the home of a herd of semi-wild goats which, during the COVID lockdown, descended into the town where they were most unpopular!



Bodnant Gardens

Plas Mawr

A railway journey along the coast can be made to CONWY. The railway runs into the town over the Thomas Telford bridge and the medieval castle is adjacent to the station (request stop). The accessible town walls leading from the castle are 35 feet high and 6 feet thick. The quayside by the river is fascinating and is the site of the smallest house in Britain. Other houses in the town worth visiting are Plas Mawr dating from the 16th Century which is a fine mansion now the Royal Cambrian Academy of Art. Nearby is Aberconwy, a National Trust property and said to be the oldest house in Wales.



Chester City Wall.

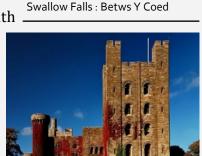
A day out can be a train journey back across the border to CHESTER – one of the best preserved, walled cities in the UK. There are medieval galleried streets, Tudor houses, a castle and a cathedral.

The nearby zoo is world famous.

From Llandudno Junction, there is a spectacular railway journey south along the Conwy River

Valley line to BETWS-Y-COED a popular Welsh village with gardens and shops. It stands on the junction of three rivers.

A further outing is taking the train to BANGOR on the coast with good views across to Anglesey. It is a university town and has a cathedral with bishop's garden based on Biblical plants. About one mile outside the town is Penrhyn Castle now run by the National Trust and well worth a visit.



Penrhyn Castle.

Helena Millen

NB Take care to check which days are affected by rail industrial action; Information is available on thetrainline.com.

Recipes: A Creamy Smooth Winter Fennel, Pea and Lemon Soup.

I came upon this recipe online whilst looking for an alternative to Minestrone last winter and was astonished by the flavour and silkiness.

It is easily adaptable as a vegan dish with the right vegetable stock.. This could be served as an opener on any occasion; it is that good.

Images and recipe from Roasted Fennel Soup with peas and lemon | The Veg Space.

INGREDIENTS

$\square 2$ tablespoon rapeseed	or	sunflower	oil
---------------------------------	----	-----------	-----

 $\Box 2$ fennel bulbs. The magic is done by roasting the fennel. Just gives the soup so much body and flavour.

□1 small onion

 \Box 2 garlic cloves. Fresh are best and the roasting brings out their sweetness.

 \Box 750 ml vegetable stock.

□200 g frozen peas. Petit pois if your feeling luxurious; they add bulk but don't overwhelm the fennel.

 \Box 100 ml coconut milk. There a silkiness to this dish from the coconut.

 $\square \frac{1}{2}$ lemon. This adds a bright and sharp edge which takes this soup somewhere out of the everyday.

□ handful of baby spinach & handful fresh parsley. Any garden greens will also work. Cavolo Nero adds some bite and colour. Cut it up fine and cook for 2 mins before the blending step below.

INSTRUCTIONS

Preheat the oven to 180°C / 350°F / Gas Mark 4.

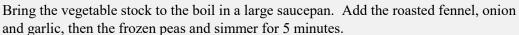
Trim the stem and tips from the fennel and cut it into wedges. Peel and slice the onion. Place both in a roasting tin or baking tray with the oil and garlic cloves (leave them in their skins, do not peel), and season with salt and black pepper.

Roast for 25-30 minutes until the fennel is soft and turning brown.



When cool enough to handle, squeeze the flesh of the two garlic cloves out into the roasting tin and discard the skins.







Remove from the heat and use a hand blender, food processor or blender to blitz to a smooth purée, (keep going for a minute or two, this needs to be really smooth), then add the coconut milk, lemon juice, spinach and parsley and blitz again. Taste and add more salt or pepper if required.

The soup can be frozen, just add a squeeze of lemon before serving to bring all that flavour back.



Mick

Crossword Solution from p7.

Solution - ukp040



Puzzle Choice



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Chester City Walls

© Tripadvisor https://commons.wikimedia.org/wiki/File:Penrhyn_Castle_S.jpg Penrhyn Castle

This magazine has been put together to put people in touch with one another in the village, to encourage the swapping of plants, recipes, books, Exchange & Mart, hints, ideas and things to do.
'Letters to the Editor' would be very welcome. We seek to encourage people's input to the magazine.
Help us fill the following issues and make your voice part of our local life.

Editor's Notes for Published Material

If you wish to advertise an event which takes place during the first two weeks of the month, it needs to be in the previous month's magazine. If it goes in the magazine of the month it will take place, it won't reach all the readers in time. We want to advertise your events very much so please make sure we can. Thank you.

COPY: 400-600 words as a target please, short articles very welcome: Small is beautiful! Copy should be emailed to editors by 25th of the month to allow for distribution by the first week of the following month.

Any font acceptable, Tahoma or Calibri 11 pt. preferred. We may edit font/text to fit the available space. NB Letters can be longer. -See Disclaimer.

NB2 All provided images should be royalty free since all images in the magazine are published as royalty-free.

DISCLAIMER

The views expressed in the Mundham Monthly are not necessarily those of the editorial team. The Editors reserve the right to edit and rearrange articles, but will endeavour to do so only where space is limited or where the information will be enhanced. All information is published in good faith but we take no responsibility for errors/omissions or any loss or inconvenience caused by its use.

We are happy to publish letters as 'name and address' supplied' but will not include anything sent anonymously that is clearly defamatory or hurtful to a specific individual or group. The Editorial Team