



Meet Me on The Web –Every Autumn! Garden Spider in Autumn; Eugen Kus.

Don't Just Stand There.....!

- Feel the Wind in Your Hair on an East Head Autumn Walk. p6
- See things differently while learning another language with Barbara. p5
- Splash some paint about with Nigel. Fun with Art sessions in Rose Green. p4

The Green, Green Grass of Home.

- Learn Law'n Order with Matthew. p7
- Rye Grass? A travelogue from one of our most historic Sussex towns. p7
- Think you know West Sussex? Helena's quiz will test your mettle. p8
- Selling England By the Pound? Barry's satirical take on our present State. p9

Where Have all the Flowers Gone?

- Wildlife, flowers and trees destroyed in N. Mundham. Readers letter/photos. p3
- How the British Legion is helping The Fallen p3
- Plenty in Katrina's 'Art in Garden' event. p11
- Under Concrete? Local reaction. p2/p5
- Plan For Next Years Gala. p9

Thinking Time.

- 'Remember Marbella!' with Louise's Recipe. Chicken Marbella and Baked Rice. p10
- Seamus Heaney reflects on time passing. p11
- Shapes in the Night Sky. p9
- Crossword on p9
- Answers to the Quiz and Crossword. p12

Should you need medical help during Lockdown.

The NHS are concerned that many people are not seeking the medical help they may need at this time so:

- If you need medical help you can contact your GP practice.
- If it's urgent please use the NHS 111 online service or call 111.
- If it's a serious or life-threatening emergency, call 999.
- If you are told to go to hospital, it is important that you do go.

Best Wishes From Louise and Mick.

Some Further Links.

- N. Mundham Parish Council COVID-19 web page. <https://northmundham.org/coronavirus-covid-19/>
- [Chichester at Home](#) have put together a list of local businesses offering delivery of fresh produce, groceries, meals and hoe/garden items.
- If you need help, or if you want to volunteer, West Sussex County Council are also running a 'Community Hub' which you can access through this link: [Community Hub](#) or via a direct link at the top of the WSCC Home Page.
If you have no access to the internet and need help you can call the Community Hub on 0330 222 7980.
- Mick has found a helpful Facebook group is 'West Sussex Covid 19 Mutual Aid'; you can use this link and join: <https://www.facebook.com/groups/2676801359115345/>

Please forward this edition to your friends, if they would like to receive a regular copy they can email us at mmmeditors@gmail.com Louise Russell & Mick Lovell



Parish Council: Chairmans Report

You may have seen in the national or local press that the Government has a number of proposals to change the planning system. There are actually two sets of proposals. One is a set of detailed changes to the existing planning regime, most notably a change to the way the housing requirement for each District is calculated. If it is enacted, this change would require a big increase in the number of houses for which Chichester's Local Plan would have to find space. I understand that both West Sussex County Council and Chichester District Council will make a critical response to these proposals, and your Parish Council is also preparing a response which argues against them.

In the slightly longer term, the Government has published a White Paper which proposes a much more radical change to the national planning system, and local government bodies have until the end of October to respond. Much closer to home, I am happy to report that we have been successful in an application for funding for some outdoor gym equipment, and the Playing Fields Trust has offered to provide some additional funding. We will be discussing with the Trust exactly where on the playing fields the apparatus will be sited, to provide an accessible keep fit opportunity for local residents.

Now that autumn is with us, there is some more work to do on the old canal and at Camic Pond, under the supervision of the Manhood Wildlife and Heritage Group whose help has been so valuable. We plan to hold regular working parties which are currently scheduled for the first Thursday of each month, starting on 1 October. If you would like to join us please let me know, and I will make sure you get an invitation with the details. The working groups will be arranged to comply with the 'Rule of Six' social distancing requirements. No special skills are required, and we can find something for almost anyone to do. It may be that Thursdays do not suit everyone, and if there are sufficient volunteers we will try to arrange sessions at other times – please let me know.

Finally, a number of people have drawn my attention to the very aggressive clearance which has started in the field between Canal Mead and Post Office Lane. This is a fast-moving situation which we are watching closely, and the District Council's Planning Enforcement team are already aware. However, we will not be able to act unless there is an identified breach of planning legislation.

Tim Russell, Chairman. 01243 781052. t.russell@northmundham.org

SCHEDULE OF MEETINGS TO BE HELD BY NORTH MUNDHAM PARISH COUNCIL

Planning Meeting & Full Council	3 rd November 2020
Planning Meeting	1 st December 2020

The next Parish Council Meeting will be held on Tuesday 3rd November, 2020 at 7.30pm.

Due to the current restrictions the meeting is taking place on line; all relevant documents and the link to join the meeting can be accessed from the links provided on the PC home page: <https://northmundham.org/>

NORTH MUNDHAM PARISH COUNCIL CONTACT LIST

Mrs Louise Chater Clerk to the Parish Council	01243 203050	clerk@northmundham.org	1 Charlmead, East Wittering Chichester. West Sussex PO20 8DN
Mr Tim Russell Chairman	01243 781052	t.russell@northmundham.org	
Vacancy			
Mrs Frances Neave	01243 782391	f.neave@northmundham.org	
Mr Paul Chivers	01243 789990	p.chivers@northmundham.org	
Mr Robert Callaway-Lewis	07880713159	r.callaway-lewis@northmundham.org	
Mr Peter Stephens	07747468699	p.stephens@northmundham.org	
Mr Hugo Wall	01243 278542	h.wall@northmundham.org	
Mrs Annie Maclean	01243 265804	a.maclean@northmundham.org	
Mr Keith Phillips	07980668612	k.phillips@northmundham.org	
Chris Page District Councillor	01243 380009	cpage@chichester.gov.uk	6 Willowmead Close Runcton PO20 1NH
Simon Oakley District Councillor	01243 785166	soakley@chichester.gov.uk	12 Netteton Avenue Tang- mere PO20 2HZ
Jamie Fitzjohn West Sussex County Councillor	01243 782380	Jamie.fitzjohn@westsussex.gov.uk	77 Fishbourne Road Fish- bourne PO19 3JJ

Please forward this edition to your friends, if they would like to receive a regular copy they can email us at mmmeditors@gmail.com Louise Russell & Mick Lovell

Readers Letter, Wildlife Destruction in N. Mundham. Name and Address Supplied.

"Since Tuesday 22nd September 2020 there have been large scale foliage excavations in the field behind Canal Mead leading through to an access in Post Office Lane beside the Foot Path to Runcton. As residents of Canal Mead we were blissfully unaware of any works that were due to commence and after speaking to the company operating the machinery we were still none the wiser.

On Wednesday evening we were approached by a gentleman who informed us he had purchased the field and was clearing it for horses. This field was taken over some years ago for horses and now the owner of the horses has bought the field. It is not necessary to destroy the natural wildlife boundary of the fields to accommodate horses. A vast number of trees, bushes and hedgerows have been destroyed and along with them, homes for a huge number of wildlife from birds, bats, foxes, to deer and rabbits. We were devastated and have not seen birds in our garden for 3 days which is highly unusual when we were visited daily by a wide range of beautiful breeds. A large 6 metre gap has been left beside the loggers' yard off Canal Mead leaving the properties vulnerable and open from a security perspective. Residents in Canal Mead who back onto the field have been informed by the 'owner' that the fence which runs along the back of their properties will be removed and taken back to the fence line which runs on their boundary. This will eradicate the 2-metre gap they currently have where trees have been planted by The Hyde Housing Group and puts the field's boundary right up to the back of their gardens. This is a matter of considerable concern as the residence of Canal Mead do not know what the future possible planning could be and what development could take place with buildings right up against their back gardens.

It would seem the field was purchased on Tuesday 22nd September and the machinery moved in and started work the same day to get as much destruction done before anyone had a chance to dispute it. Such wilful destruction to the open spaces in our village for profit is devastating to all of us who live here. " Please see **photos hereunder**.



Editors comment regarding the readers letter above.

The letter is from residents who live on the boundaries of a lovely open space, a space where wildlife and birds thrive. This field has just been sold and the destruction was immediate. Too often these days our open spaces that make our villages a pleasant place to live are being destroyed in the interest of profit. No time was wasted in the destruction as you will see in the story below from one of the residents who valued and encouraged the wildlife around them. Follow this story and keep an eye on this field and watch how over a short space of time it will be cleared and then sold for development, more houses will be built on it. In the meantime, caravans and large vehicles will probably park themselves there destroying the natural beauty of the open space right in the centre of our village.

Louise

What's On + Exchange and Mart



Cattle Market Car Park, 9am - 2pm.

1st & 3rd Friday of every month

The Awards Winning Farmers Markets this month are on Friday 2nd and 16th October as **FOOD ONLY** markets, in a temporary location at Cattle Market Car Park, Chichester. This is a health and safety measure in order to reduce the number of people in the main high street at any one time. The market will continue to be held in this temporary location until further notice. It is preferred that you pay by Card not cash, all traders will be operating in this manner. **Strict social distancing measures will be in place.**

Painting for Pleasure: Let's Have Fun with Art !

COMPOSITION: DRAWING & PAINTING

SEVEN-WEEK Course Outline: 2 places remaining! Still time to join!

From: Tuesday, 8th September, 2020
To: Tuesday, 20th October, 2020

or From: Thursday, 10th September, 2020
To: Thursday, 22nd October, 2020

9.30 a.m. to 12.30 p.m.

1.30 p.m. to 4.30 p.m.

Nigel Ingram, NDD, ATC, MA, PhD

Below is a brief overview of the September/October course outline. You can join in any time. Individual guidance and tuition is given during the sessions. For further details please telephone the Rose Green Art & Craft Centre or call in at 22-24 Rose Green Road, Rose Green, Near Bognor Regis. (Closed on Wednesday afternoons). Tel: **01243 262059**. All welcome. Safe social distancing will apply!

- WEEK ONE:** Tuesday 8th September and Thursday 10th September
STILL LIFE: WATERING CANS, TEA & COFFEE POTS
With appropriate background shapes, room-reflections and spaces
Aims: To improve observation, drawing and painting skills.
- WEEK TWO:** Tuesday 15th September and Thursday 17th September
SUMMER LANDSCAPE: Based on a photograph of your choice.
Aims: To improve picture design, drawing and painting skills and techniques.
- WEEK THREE:** Tuesday 22nd September and Thursday 24th September
'THE SEA, THE SEA': SUN, SAND, BEACH AND CLOUDS: A scene with figures
Aims: To improve drawing of objects in depth; To experiment with texture, colour, and light and dark tones.
- WEEK FOUR:** Tuesday 29th September and Thursday 1st October
ABSTRACTION + NON-REPRESENTATIONAL ART
Aims: To perceive, and value, the importance of surrounding spaces in painting.
- WEEK FIVE:** Tuesday 6th October and Thursday 8th October
BIRD STUDIES
Aims: To improve detailed and accurate representation of features and colours with backgrounds.
- WEEK SIX:** Tuesday 13th October and Thursday 15th October
PEOPLE MOVING: Figures in Action / OR / PORTRAIT OF A FAMILY MEMBER OR FRIEND
Aims: To improve detailed drawing and painting with appropriate backgrounds and drawing features.
- WEEK SEVEN:** Tuesday 20th October and Thursday 22nd October
BUILDINGS AND STREET SCENES
Aims: To improve depth and perspective skills and techniques.



HALF-TERM: 27th and 29th OCTOBER

Nigel Ingram, August, 2020

Please forward this edition to your friends, if they would like to receive a regular copy they can email us at mmmeditors@gmail.com Louise Russell & Mick Lovell

What's On + Exchange and Mart

Let's have Fun with French!



Are you fed up with 'Lock Down'?

Need to 'get out of the house' and 'do something new' this Autumn?



Then come and
join our French
Group!

Would you like to meet like-
minded people in a friendly and
informal atmosphere?



STARTING ON WEDNESDAY 30TH SEPTEMBER!

Classes for complete beginners or improvers will take place
on Wednesday afternoons at:

The Rose Green Art & Craft Centre
22-24 Rose Green Rd.,
Rose Green, nr. Bognor Regis

Call in a.s.a.p. at The Rose Green Art & Craft Centre for
further details, or Tel: 01243 262059

Don't delay..... Join today to ensure a place!
Only 2 places left!

Max. 8 people per class to enable SAFE SOCIAL DISTANCING.

Barbara Ingram, PGCE, MIL, MA (Ed), PhD
14th September, 2020

For information about course content please telephone me on 01243 261646.
I look forward to hearing from you.



11,200 more houses



Chichester is 'Drowning in Development'

Government's Housing Plans over 10 years may:

- Destroy our bio-diversity, environment, agriculture and tourism
- Increase flooding and congest our roads
- Further damage the air quality

While investment lags way, way behind in:

- Local infrastructure and roads
- Water and sewage
- Schools and health

ANGRY?

Say no to the government's housing plans
We only need houses that are truly affordable

Write to your MP - GILLIAN KEEGAN

gillian.keegan.mp@parliament.uk

HELP STOP THIS MADNESS - Join:

Manhood Peninsula Action Group:
www.manhoodpag.co.uk

Find us on Facebook:
www.facebook.com/ManhoodPAG

Save our South
Coast Alliance:
www.sosca.org.uk

Remembering The Fallen in 2020

Remembrance Day

We have been talking to both churches who cannot see the restrictions placed on church services changing significantly before the end of the year. We would not want to be bringing significant numbers of people together to remember the fallen if the side effect is that someone else contracts Covid. We are therefore considering all options and will keep you informed.

Poppy Lunch.

As well as being a great "Villages" social event, it is our one opportunity a year to raise funds for the Legion. It is therefore necessary to have a minimum number of attendees to cover costs and we set and normally achieve our target of 100. Due to social distancing rules this would not be possible in the Village Centre and our excellent helpers in the kitchen would also not be able to work in a small space. It is therefore with great regret that the Lunch has had to be cancelled.

Poppy Appeal

The Legion HQ has determined that house to house collections are not possible due to social distancing so our 20 strong team of doorbell ringers will this year not be able to raise the significant funds they invariably achieve. The Legion is still looking at how to enable the public to donate and get their poppies and this is likely to centre around tins being available at shops and pubs.

In the meantime, please let me know if you have any good ideas that we can implement this year to both raise funds for the Legion and carry out an act of Remembrance.

Thank you.

Andy Forsyth

Chairman,
Mundham and District
Branch
Royal British Legion



Local Walk— A Short Autumn Stroll Round East Head.

With the summer rush to the beach gradually easing, October is a great time to try this 3.5 mile weekday dog-friendly walk starting from West Wittering Beach car park and taking in the sandy beach up to and around East Head; popular for dinghy sailing and wildlife, with lovely views across Chichester channel to the Isle of Wight, Birdham and Hayling Island. Also popular with wind and kite surfers.

NB Due to the fine sand and exposed location, very windy days can be a challenge.

Car parking in October is £5: 8am-6pm **pre-bookable online only** via [JustPark](#).

The No 52 bus from Chichester takes 26mins and drops off near The Landing café (see map).



Route Summary.

Starting at the beach car park and following the red track, East Head is entered by 'The Hinge' (see map) and is managed by the National Trust as a rare coastal and wildlife location, so please keep dogs on a lead whilst in the dunes.

Because of changing tides, please stay on the clear paths and DO NOT STRAY onto the sandbars.

There are optional refreshment and loo stops on the beach front near the parking or at The Landing Café near Roman Landing. At present these all offer 'Take-Away' service only.

COVID-19 measures on the beach are detailed [here](#).

NB There is an extension to the walk using The Lipchiss Way - See the map and the NT [website](#) but beware! this section can be extremely muddy after heavy rain.



The 'gpx' track can be downloaded from Viewranger as 'West Wittering: East Head Walk'. Ordnance Survey maps are Landranger 197 or Explorer 120. Wittering Beach Car Park is at Grid Reference: SZ770980.

Mick

Sayings of the Dali Lama.

When asked what surprised him about humanity the most, the Dalai Lama replied:

"Man. Because he sacrifices his health in order to make money.

Then he sacrifices money to recuperate his health.

And then he is so anxious about the future that he does not enjoy the present;

the result being that he does not live in the present or the future;

he lives as if he is never going to die, and then dies having never really lived."

**"If you think you are too small to make a difference,
try sleeping with a mosquito."**

"The mind is like a parachute. It works best when it's open."



Please forward this edition to your friends, if they would like to receive a regular copy they can email us at mmmeditors@gmail.com Louise Russell & Mick Lovell

Looking After Your Lawn.

A New Article From Our On-Board Gardener Mathew Wiggs To Give You All Month By Month Advice On Your Gardens Throughout The Year.

Now October has arrived, we will see cooler and shorter days this month. This means there is not much to do in the ornamental garden, however it is also very important to make the most of the warmth whilst it lasts and there is still a wide range of jobs to get done. For example, it is important to look after your lawn in October and restore it after the dry summer weather and make sure it survives through the winter.

These jobs include :

Creating a new lawn from turf or seed – this is because the autumn weather is favourable for good lawn establishment

Make the height of your mower blades rise - this is because the growth of the grass will slow down. So make sure to raise your mowing heights by one to two settings until spring next year.

Carry through crucial lawn maintenance - this must be done so that waterlogging and compaction can be avoided. As well as making sure to aerate your lawn with a garden fork, this will help remove thatch from the surface with a rake, meaning dead patches can be repaired. In addition to this, remember if you have a large area to cover, try and use a specialist lawn scarifier.

Cover your lawn with a special lawn top-dressing – once you have finished your maintenance work. Make sure to read and follow the instructions on the packet carefully. This will not only improve the look of your grass but it will also help benefit the health of the grass too.

Use an autumn fertiliser to feed your lawn – October is the best time to do this because the morning dew creates moisture to help absorb the fertilizer. This gives the grass time to build stamina to prepare for a cold winter. Also supporting the root growth of your grass will lead to a greener and healthier lawn in spring.

Control lawn chafers (chafer grubs/beetles) – make sure to do this with a biological control (nematodes). It is important to control these beetles as they will lay eggs, which will turn into grubs and these grubs will feed off the roots in your grass. Therefore to save your grass, chafer grubs much be controlled.

Water the lawn – however this is unlikely, unless you have little soil moisture and are planning lawn renovations such as seeding, scarifying, or aeration. But if you do so, make sure to water the lawn in the morning to reduce the risk of disease.

Matthew Wiggs: Mobile: 07771 857432,
Email: mwiggs@btinternet.com

Travelogue: Rye Smiles.

Earlier in September we were, with some French friends, hoping to repair The Entente Cordiale by sharing a small house at Rye Harbour for a week, but COVID-19 rules put paid to that! So



View from Rye to Rye Harbour

we went on our own and are rather glad that we did.

Rye in East Sussex, on the confluence of the Rother, Brede and Tillingham rivers, has an noteworthy history for such a small town and was in French ownership till 1247 having been given to the Normans by King Ethelred The III Advised.

Rye Harbour is inappropriately named being two miles from Rye and there has been a harbour at Rye (The Strand) since the time of the Cinq Ports when Rye provided ships to defend England against continental invasion.



World-Class Shingle

So what appealed to us about Rye Harbour? The one word answer; 'Shingle'. You may think you're qualified to talk

about shingle, living close to Pagham and Selsey. Well, Rye Harbour and Dungeness Spit nearby have World-Class quantities. Where did it come from and why is it so appealing I don't hear you ask?

Here again, there is, 'literally' a French Connection. Around 8000 years ago in a tsunami event known geologically as Brexit 1.0, the land bridge from Europe to Our Island was ruptured and massive amounts of flint were released into the English Channel. Over time, due to wave, wind and storm action they have accumulated as shingle on the coast.

With World-Class shingle comes World-Class wildlife. Being so close to France it is no surprise that immigrants regularly attempt the perilous journey across the Channel and arrive here on our shores unannounced. One such immigrant is the Clouded Yellow butterfly which we saw near Camber Castle, indeed a pair of them, disporting in the long grass and likely doing what continentals are known for.



Disporting.

Nearby, having spent the summer in the UK and now travelling in the other direction, a flock of expatriate Yellow Wagtails, was, no doubt, ready to consume any amount of Clouded Yellows to fuel their flight to the continent.

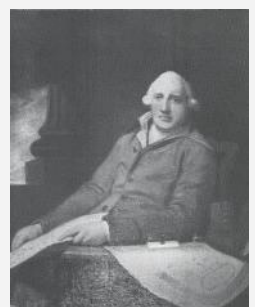
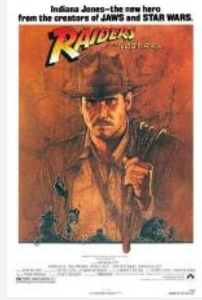


Hungry Expatriate.

Mick

YET MORE PLACES IN WEST SUSSEX QUIZ

- 1 The eastern end of the Portsmouth and Chichester Canal is here – **F**
- 2 Where there is a Roman Catholic church with a ceiling painted by a local artist of frescos from the Sistine Chapel – **GBS**
- 3 Anita Roddick, founder of the Body Shop was brought up in this town – **L**
- 4 St. Wilfred is said to have landed here in 680AD – **S**
- 5 The Royal Artillery has a base here – **TI**
- 6 Where the "Collector Earl's garden" can be found - **AC**
- 7 A Roman signal station was erected here between Pulborough and Coldwaltham – **H**
- 8 The 3rd Earl of Egremont was the main investor in this waterway (he lost his money) - **WAC**
- 9 This town now near the river Adur was a major port in medieval times – **S**
- 10 Vikings are supposed to have stolen a bell from this church during a raid - **B**
- 11 The dramatist, Christoper Fry, lived in this village – **S**
- 12 The TV series " The Repair Shop" is filmed here – **WDM**
- 13 The site of a research centre and gardens with a world renowned seed bank – **WP**
- 14 Where the Royal Sussex Regiment chapel can be found – **CC**
- 15 The location of the Brighton and Hove Albion football team – **L**
- 16 The site of a windmill owned by WSCC – **H**
- 17 Budgenor Lodge was built as a workhouse just north of this town - **M**
- 18 The only National Hunt racecourse in West Sussex - **F**
- 19 An ice house can be found on the edge of a park in this town – **BR**
- 20 A coastal residence originally built for the bishops of Chichester on the Manhood Peninsula – **CM**

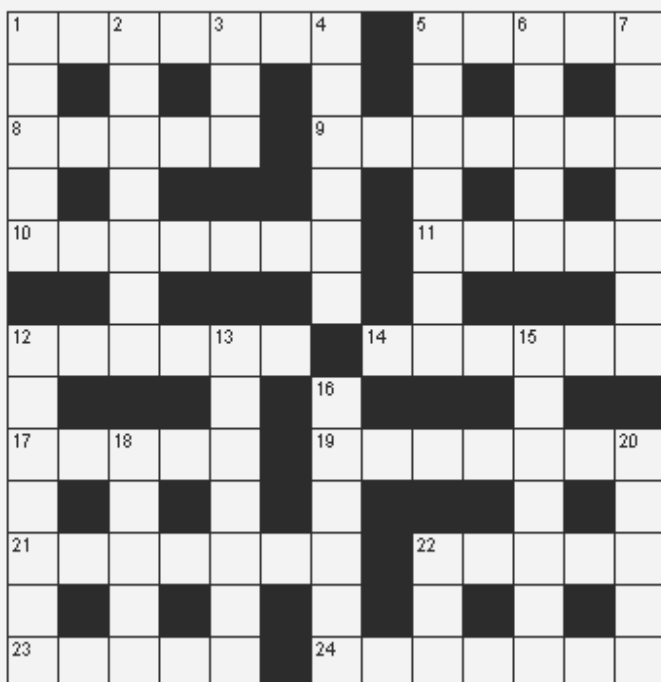


Answers on p12.

Helena Millen

Crossword.

Standard Crossword- ukp023



© Puzzle Choice

Across

1. Chronicle (7)
5. Proverb (5)
8. Graphic (5)
9. Cautionary advice (7)
10. Help grow and develop (7)
11. Free of impurities (5)
12. Neckband (6)
14. Systems of principles (6)
17. Hackneyed (5)
19. Facets (7)
21. Gullibility (7)
22. One of the senses (5)
23. Larceny (5)
24. Unprocessed or manufactured (7)

Down

1. Oasis (5)
2. More than two or three but not many (7)
3. Of long duration (3)
4. Gaped (6)
5. Fruit (7)
6. Stage whisper (5)
7. Machines (7)
12. Piece of furniture (7)
13. Complaint (7)
15. Tooth (7)
16. Ravine formed by a river (6)
18. Racket (5)
20. Hex (5)
22. Toddler (3)

Small Ads

Borisov, Dominion, Goven & Co. Ltd.
Estate Agents

For Sale

**A Stunning Property just 21 miles
off the European Coast.**

Borisov, Dominion, Goven & Co are proud to bring to the market this fantastic island, admired by millions around the world.

Close to Europe and ideal for the holidays, the island boasts many historic attractions, including nearly four hundred thousand miles of roads pitted with historic pot-holes, a money laundering centre, a docile unprotected work force, large dividends on public and private operations, and substantial claims to be world-leading in everything.

Some renovation and refurbishment is required to bring the property up to its best, planning permission not required.

Properties of this quality come to the market rarely and we strongly advise prospective buyers to view early to avoid disappointment.

Borisov, Dominion, Goven & Co. Ltd.
Established 2019
**'We Sell Anything World-leading
with Passion'**

Barry Shears



Which Constellation? Ans p12

RECIPE: Memories of Summer.

CHICKEN MARBELLA Serves 4-6 people.

Can be marinated for up to 2 days in the fridge or cooked straight away if you don't have the time. If so, season with the salt and pepper by rubbing it in thoroughly before combining with the rest of the marinade ingredients, then bake.

You can use chicken supreme on the bone rather than legs.

Ingredients

8 chicken legs (2 kg) drumstick and thigh attached, skin on and scored 3 or 4 times to the bone.
5 cloves garlic, crushed
3 tbs olive oil
100g pitted green olives
60g capers + 2 tbs of their juices
120g. Medjool dates, pitted and quartered lengthways
2 bay leaves
120ml dry white wine
1 tbsp date molasses (or treacle) – though the molasses has a lovely zing to it that treacle doesn't.
Salt and black pepper to taste.

Method

Place the chicken and all the dry ingredients (bar molasses and wine) into a large plastic bag and shake it about so that the meat is completely coated. Marinate in fridge, covered for 1-2 days stirring a few times.

Preheat oven to 180 C fan.
Spread chicken out on a high sided medium baking tray along with the marinade. Whisk the wine and molasses together and pour over. Cook for 50 minutes basting 2 or 3 times till golden brown on top and cooked through. Scatter with oregano and serve.



BAKED RICE WITH CONFIT TOMATOES AND GARLIC To accompany Chicken Marbella

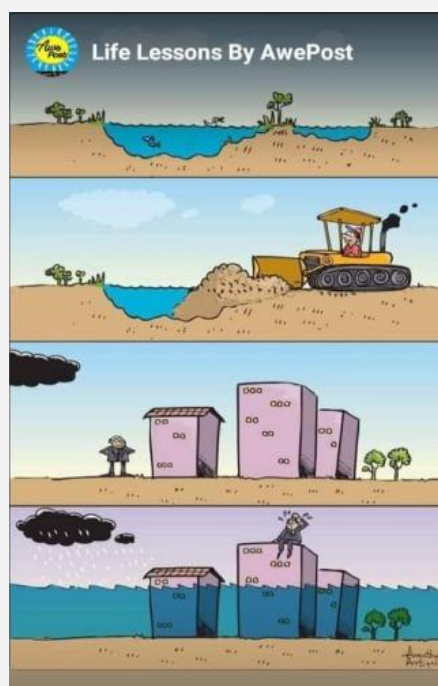
Ingredients

800g cherry tomatoes
12 large garlic cloves or 25 regular, peeled (85g)
4 banana shallots peeled and cut into 3cm pieces (220g)
25g coriander cut into 4cm lengths plus 10g leaves roughly chopped to garnish
3 tbsp picked thyme leaves (10)
4 small cinnamon sticks
100ml olive oil
300g basmati rice
600ml boiling water
Salt and pepper to taste

Method

Preheat oven to 160C fan
Arrange tomatoes, garlic, shallots, herbs and cinnamon sticks in a large high sided casserole dish (20 x 30 cm approx.) Pour over olive oil ½ tsp salt and a good grind of black pepper. Place in oven for 1 hour till the vegetables are soft. Remove from oven, sprinkle the rice evenly over vegetables without stirring them together and set aside.
Increase oven to 220C fan
Sprinkle ½ teaspoon salt and ground black pepper over the rice, carefully pour the boiling water over. Seal tightly with foil and place in the oven for 25 minutes. Remove, set aside for 10 minutes still covered. Remove foil, sprinkle over the coriander leaves, stir gently into the rice and serve.

Louise.





Katrina's Art in the Garden Event.

Just to say a very warm thank you to everyone that supported my 'Art in the Garden event'. Whether you attended on the day, made a donation or purchased items before or after the occasion. The final total stands at £340 which is absolutely fantastic. As you can imagine the hospice are delighted to receive this sum of money as like many charities, Covid 19 has hit them all very hard. Thank you all so very much.

Katrina



A Date For Your Diary.

**Mundham and District Gala and Flower Show
2020 AGM - 4th November at 6pm by Zoom.**

An Autumn Reflection.

Postscript by Seamus Heaney

And some time make the time to drive out west
Into County Clare, along the Flaggy Shore,
In September or October, when the wind
And the light are working off each other
So that the ocean on one side is wild
With foam and glitter, and inland among stones
The surface of a slate-grey lake is lit
By the earthed lightning of a flock of swans,
Their feathers roughed and ruffling, white on white,
Their fully grown headstrong-looking heads
Tucked or cresting or busy underwater.
Useless to think you'll park and capture it
More thoroughly. You are neither here nor there,
A hurry through which known and strange things pass
As big soft buffetings come at the car sideways
And catch the heart off guard and blow it open.

Answers

- 1 Ford
- 2 Goring-by-Sea
- 3 Littlehampton
- 4 Selsey
- 5 Thorney Island
- 6 Arundel Castle
- 7 Hardham
- 8 Wey and Arun Canal
- 9 Steyning
- 10 Bosham
- 11 Singleton
- 12 Weald and Downland Museum
- 13 Wakehurst Place
- 14 Chichester Cathedral
- 15 Lancing
- 16 Hahnaker
- 17 Midhurst
- 18 Fontwell
- 19 Bognor Regis
- 20 Cakeham Manor

Solution - ukp023

H	I	S	T	O	R	Y		A	D	A	G	E
A		E		L		A		P		S		N
V	I	V	I	D		W	A	R	N	I	N	G
E		E				N		I		D		I
N	U	R	T	U	R	E		C	L	E	A	N
	A					D		O				E
C	O	L	L	A	R		E	T	H	I	C	S
A				I		C				N		
B	A	N	A	L		A	S	P	E	C	T	S
I		O		M		N				I		P
N	A	I	V	E	T	Y		T	A	S	T	E
E		S		N		O		O		O		L
T	H	E	F	T		N	A	T	U	R	A	L

© Puzzle Choice



ORION; 'THE HUNTER'.

Attribution.

Cartoons are freely available on social media and are unattributed.
Except as stated below the photos are the property of the authors/editors.

- | | | |
|----|--|--|
| P4 | Mosquito
Parachute | Image by Welcome to all and thank you for your visit ! ♪ from Pixabay
https://pixabay.com/photos/parachute-skydiving-parachuting-2037941/ |
| P5 | Rye panorama.
Clouded Yellows
Yellow Wagtail | https://commons.wikimedia.org/wiki/File:Rye_panorama.jpg
https://en.wikipedia.org/wiki/Colias_croceus#/media/File:Clouded_yellows_(Colias_croceus)_mating_Bulgaria.jpg
https://en.wikipedia.org/wiki/Western_yellow_wagtail#/media/File:Wiesenschafstelze.JPG |
| P6 | 'Raiders' Poster
Great Deep—Thorney Island
3rd Earl of Egremont
Steyning Clock Tower

Wakehurst Place.
Hahnaker Windmill
Richard Hotham | By Source, Fair use, https://en.wikipedia.org/w/index.php?curid=25615967
https://commons.wikimedia.org/wiki/File:Great_Deep,_Thorney_Island.JPG
https://commons.wikimedia.org/wiki/File:George_wyndham_egremont.PNG
<small>The original uploader was Mpntod at English Wikipedia. - Transferred from en.wikipedia to Commons by IngerAlHaosului using CommonsHelper., CC BY-SA 2.0, https://commons.wikimedia.org/w/index.php?curid=9783735</small>
https://commons.wikimedia.org/wiki/File:Wakehurst_Place_Mansion_1,_West_Sussex_-_Aug_2009.jpg
Eugen Kus
https://en.wikipedia.org/wiki/Richard_Hotham#/media/File:Richard_Hotham.jp |
| P8 | Chicken Marbella and Baked Rice. | https://www.thelemonapron.com/baked-rice-with-tomato-and-garlic-confit/ |

This magazine has been put together to put people in touch with one another in the village, to encourage the swapping of plants, recipes, books, Exchange & Mart, hints, ideas and things to do.
'Letters to the Editor' would be very welcome. We seek to encourage people's input to the magazine.
Help us fill the following issues and make your voice part of our local life.

Editor's Notes for Published Material

If you wish to advertise an event which takes place during the first two weeks of the month, it needs to be in the previous month's magazine. If it goes in the magazine of the month it will take place, it won't reach all the readers in time. We want to advertise your events very much so please make sure we can. Thank you.

COPY: 400-600 words as a target please, short articles very welcome: Small is beautiful!

Copy should be emailed to editors by 25th of the month to allow for distribution by the first week of the following month.

Any font acceptable, Tahoma or Calibri 11 pt. preferred. We alter it to fit the available space.

NB Letters can be longer. -See Disclaimer.

NB2 All provided images should be royalty free since all images in the magazine are published as royalty-free.

DISCLAIMER

The views expressed in the Mundham Monthly are not necessarily those of the editorial team. The Editors reserve the right to edit and rearrange articles, but will endeavour to do so only where space is limited or where the information will be enhanced. All information is published in good faith but we take no responsibility for errors/omissions or any loss or inconvenience caused by its use.

We are happy to publish letters as 'name and address supplied' but will not include anything sent anonymously that is clearly defamatory or hurtful to a specific individual or group.

The Editorial Team

Please forward this edition to your friends, if they would like to receive a regular copy they can email us at mmmeditors@gmail.com Louise Russell & Mick Lovell