

## IS IT A BIRD, IS IT A PLANE...?



Photo: Humming Bird Hawk Moth: Nathalie St. Martin

### Shake The Tree!

#### • It Can Be A Christmas Tree!

Jeanie's giving Senior Citizens advance notice of a free Christmas Lunch in December. **p3**

#### • Five Useful Tips to Learn a New Language. Letters **p11**

#### • Free Taster Nordic Walking; Give it a try! Yes, it's far more than just walking with poles! **p3**

#### • HeartSmart Walks.

The secret ingredient of a healthy physical and mental life? Walking.

Try a 30 min. free taster walk round the Yacht Basin and soon you'll be striding out with confidence.

-dates for the diary! **p3**

### Where Have All The Flowers Gone?

#### • To the British Legion Poppy Lunch this November. **p4**

#### • To the St Leodegar's Craft Fair? **p3.**

#### • Abi has good news about her campaign to protect her local environment. **p6 and Letters p11.**

#### • Louise shows that there's still room in our gardens for wildlife. **p6**

### I Never Promised You A Rose Garden.

#### • Be initiated into the mystery of Sourdough bread. Starting with the starter. Mick reveals all. **p10**

#### • Try our quiz and crossword over breakfast. **p8**

#### • Volunteers get to grips with clearing our canal. **p6**

### Bridge Over Troubled Water.

#### • There are quite a few in Venice -Sighs.... Read Celia's travelogue on **p9**

#### • Might be a railway bridge? The Lions Model Railway Exhibition is getting up a head of steam. **p4**

#### • Clearing and replanting helps our canals and gives wildlife a home. Find out about the work being done locally by FLOW. **p5**

#### • A new study on local flood risk is highlighted by June. Letters **p11.**

### Who Let The Dogs Out?

#### • Getting out and about in Bill's short story shows that this old dog's not 'passed' it! **p7.**

#### • Pink smartphones and mutts to the rescue. Mick's short story is also on **p7**

This magazine has been put together to put people in touch with one another in the village, to encourage the swapping of plants, recipes, books, Exchange & Mart, hints, ideas and things to do.

'Letters to the Editor' would be very welcome. We seek to encourage people's input to the magazine.

Help us fill the following issues and make your voice part of our local life.

*Please forward this edition to your friends, if they would like to receive a regular copy they can email us at [mmmeditors@gmail.com](mailto:mmmeditors@gmail.com) Louise Russell & Mick Lovell*



## NORTH MUNDHAM PARISH COUNCIL

Working for the whole community

SCHEDULE OF MEETINGS TO BE HELD BY NORTH MUNDHAM PARISH COUNCIL	
Planning Meeting & Full Council	8 <sup>th</sup> January 2019
Planning Meeting	5 <sup>th</sup> February 2019
Annual Meeting of Electors (2)	19 <sup>th</sup> March 2019
Planning Meeting & Full Council	5 <sup>th</sup> March 2019
Planning Meeting & Employment Cttee	2 <sup>nd</sup> April 2019
Annual General Meeting	14 <sup>th</sup> May 2019
Planning Meeting	21 <sup>st</sup> May 2019
Planning Meeting	4 <sup>th</sup> June 2019
Planning Meeting & Full Council	2 <sup>nd</sup> July 2019
Planning Meeting	6 <sup>th</sup> August 2019 – NO MEETING
Planning Meeting & Full Council	3 <sup>rd</sup> September 2019
Planning Meeting	1 <sup>st</sup> October 2019
Planning Meeting & Full Council	5 <sup>th</sup> November 2019
Planning Meeting	3 <sup>rd</sup> December 2019
Planning Meeting & Full Council	7 <sup>th</sup> January 2020
Planning Committee Meetings will commence at 18.45 at North Mundham Village Hall unless advertised to the contrary. Full Council will commence at 19.15 or immediately after the Planning Committee Meeting.	

The Chairman has the right to call a Council (3) or Parish Meeting (4) at any time during the year should any matters come before the Council that they feel this is necessary the Parishioners will be advised.

- (1) Local Government Act 1972 sch 9(1)
- (2) Local Government Act 1972 sch 12 para 8
- (3) Local Government Act 1972 sch 12 para 9(1) and 25(1)
- (4) Local Government Act 1972 sch 15(1)(a) and 30(1)(a)

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# What's Happening Locally This October and Beyond?



The banner for Chichester District Farmers' Markets features a collage of images: a head of broccoli, a basket of tomatoes, and a loaf of bread. The text reads: **CHICHESTER DISTRICT Farmers' Markets** loving our local food. Below the images, it states: **East and North Street, 9am - 2pm. 1st & 3rd Friday of every month**.

**This Month, There are Free Nordic Walking Taster Sessions from Chichester Nordic Walking On the 9th and 11th of October.**

**Other activities and full details of each month's walks can be found on their Facebook page or website.**

**Links below.**

**Facebook Website**



## **HeartSmart Walks**

are organised by Chichester District Council and are free.

They organise a range of guided walks to cater for all ages and abilities.

**You can try a gentle-paced, flat, beginner's 'Taster' walk of 30 minutes from Chichester Canal, Basin Road and these run every Wednesday from 10:30 for 30 minutes.**

**NB Call to confirm walk is going ahead if weather looks poor.**

**Please arrive 10 minutes beforehand.**

All details and a full programme can be found at the CDC website. The link is:- <https://chichester.westsussexwellbeing.org.uk/>

The link to their walk programme is:-

<https://chichester.westsussexwellbeing.org.uk/topics/being-active/healthy-walks>

You can contact the Wellbeing Team directly at:-

Chichester Wellbeing Team

Tel: 01243 521041

Email: [info@chichesterwellbeing.org.uk](mailto:info@chichesterwellbeing.org.uk)



## **Senior Citizens' Christmas Luncheon**

**Saturday 7th December 2019**

**North Mundham Village Hall**

The Senior Citizens Christmas Luncheon is for residents living in North & South Mundham and Runcton who are over 60.

Invitations will be sent out at the end of October. If you were invited last year you will automatically receive an invitation this year.

If you or anyone you know who qualifies for this event would also like to be invited, please contact me on 01243 782391.

*Frances Neave*

Chichester Lions Club 25th Annual  
**MODEL RAILWAY EXHIBITION**  
Saturday 26th October 2019  
10am-4.30pm

CHICHESTER HIGH SCHOOL  
Kingsham Road, PO19 8AE



A Great Day Out for  
Families and Enthusiasts

Adults £5 Under-15s £2 Families (2+2) £12

Further information:

07777 681292

or

[www.chilions.org.uk/modelrail.html](http://www.chilions.org.uk/modelrail.html)

**Craft**  
**Christmas FAIR**  
*Free Parking and Entry*

**Local Crafts**

**Unique Gifts & Tombola**

*Discover a variety of handcrafted treasures!*

*Marvellous unique gifts for Christmas  
other Home Décor and more.*

**North Mundham Village Hall**

**Sat 16th Nov 10.30am-4pm**

**Shop-Eat-Enjoy**  
**Refreshments** served until 3.30pm  
*In Aid of St Leodegar's Church*

THE ROYAL BRITISH  
**LEGION**



**You are invited to a**

**Hog Roast**

in the Village Hall at 1200 on

Sunday 10<sup>th</sup> November

**Everyone is most welcome**

In exchange for a donation of just £10 to the Poppy Appeal, you can enjoy a "Hog Roast" with all the trimmings and a table laden with home-made desserts.

**All the profits will go directly to support the welfare needs of service men and women past and present.**

Tickets can be obtained from David Maclean (262569), Carole Greenfield (698597) or Andy Forsyth (778191) or from Lynn Mearns at St Stephens and Jo Williams at St Leodegars. You can also apply by email to [david@maclean.myzen.co.uk](mailto:david@maclean.myzen.co.uk)



## Improvement Works To The Relic Canal In North Mundham.



The Manhood Wildlife and Heritage Group is an active local charity dedicated to conserving wildlife habitats and local history on the Manhood Peninsula. Through our Fixing and Linking Our Wetlands (FLOW) project we have been surveying the condition of rifes and ditches in all the parishes south of Chichester. Wherever we find ditches in poor conditions i.e. full of litter, overgrown with dense vegetation, blocked culverts, we carry out physical improvement works to reconnect the network of ditches that carry water away to mitigate flooding.



Simultaneously we create habitat for wildlife, such as bats, birds, wild pollinators and endangered water voles. We also work closely with farmers and landowners and offer our advice on how their land can be more enriching for wildlife. You may have already noticed us working in the large ditch next to the footpath opposite the primary school. This is the old Arundel-to-Chichester canal which was bought by West Sussex County Council in 1953 but has received little management. We aim to improve this site by letting more sunlight in, removing litter and rubbish and growing native wetland plants.

Initially, this stretch of canal will look worse before it gets better as our volunteers remove overgrown brambles, crowded small trees and large shading limbs of bigger trees. All the dead material will be used to create a 'dead-hedge' – a long, sheltered bankside habitat which acts as a wildlife corridor – perfect for hibernating hedgehogs! We will also dig out three sections of the canal to hold more water and provide a more suitable environment for pondlife, such as frogs, dragonflies, grass snakes and wildfowl.



By the end of the improvement works in the spring, it will look fresh, bright and colourful as we will have sown native wildflowers, wetland plants and fruiting trees. This should leave it a much more attractive site for bees, butterflies, birds, small mammals, amphibians, reptiles and local residents!

We are always looking for new volunteers to join us – we have lots to do and the more the merrier! Everyone goes at their own pace and there are no time commitments. We provide all the tools you need and plenty of great refreshments.

Sign up to receive information about our upcoming task days by emailing: [hello@mwhg.org.uk](mailto:hello@mwhg.org.uk)

**Images & Text By Emily Sabin, FLOW Communications and Engagement Officer.**

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## Editorial: Great Oaks From Little Acorns Grow.

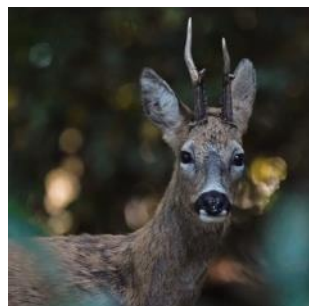
First of all, congratulations are in order for Abi Hudlass-Galley and her fight for fair use of the land near where she lives on the Lagness Road. (See Readers Letters p11) You may recall from recent issues that Neweys, who own the large greenhouse complex known as Roundstone Nurseries, planned to use the land to house year-round labour in a way that appeared totally inconsiderate both to the workers and their neighbours. The good news is that Neweys appear to have withdrawn that application. Well done Abi and all those who supported her in the struggle for fairness!

On p5 there's an article about improvement works on the relic canal at N. Mundham and it's great to know that enthusiastic volunteers are getting straight on with clearing the canal. They are making the area more welcoming to wildlife and allowing possible flood water to move through the reeds and towards the sea. See pictures below of the volunteers at work this September. In these days where we may not all be inclined to jet off to the sun, it's lovely to think of enriching our own surroundings as well as making them more resilient to the effects of climate change. Something we can appreciate everyday. Something we can be involved in.



### Evidence of the richness of our local environment.

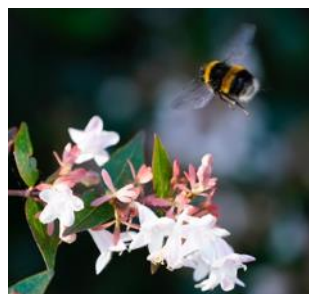
This little grey squirrel is putting away for the winter. He is easily finding a plentiful supply of Cob nuts from a nearby tree allowed to grow up along the garden boundary. Please do not cut back your shrubs too early as you see from these photos how important they are for the survival of wild life. A constant delight can be found in just sitting very still and watching all around you come to life.



Here's Lookin' At You Kid!

A roe deer captured camouflaged amongst the foliage at the edge of the woodland between North Mundham and Hunston.

This hawk moth the size of a small bird was found in my garden in North Mundham. They are rare but with our warmer summers they are on the increase.



This white tailed bumble bee was found in my garden in North Mundham. Bees are very important to our ecology and they are in decline. It is vitally important that we plant our gardens with nectar giving plants to encourage as many bees as possible.



The butterfly bush or Buddleia attracts a wonderful variety of butterflies. See this beautiful Peacock that is often seen in butterfly friendly gardens.

**Text by Louise. Photos of wild life taken by Nathalie St Martin**

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### Short Story 1: The old dog looked lost.

I left it a little late for my bus pass – you see I was already in an old people's home and with my touch of dementia they weren't that keen on letting me out very often. Anyway, Frank helped me fill in the form and sure enough the pass arrived a week later. By that time, of course, I had forgotten that I had applied for it in the first place. But it didn't matter. As soon as I saw my photo and the council badge on the pass I knew that I wanted to use it.

I decided that Wednesday early was the time to go – you see we have steak and vegetable pie on a Tuesday evening and this would set me up just right. Creeping out at five wasn't easy but I knew that the nurses arrived around then and that if I hung around in the alcove it would be no problem. The bus stop was just over the road and it arrived at five nineteen – right on time. I really didn't know what to do with the pass but the nice driver showed me – right down on the reader and wait for the green light. We were off.

Sitting on the top of the bus at the front is just great. You can see where you are going and even better into the front gardens of everyone you pass. Sometimes you get a glimpse of the people inside the houses but that doesn't happen very often. Sometimes you can chat with the other top deck passengers but when I do they tend to just stare at me.

When I arrived at the next town I wandered around a bit in the high street but then just decided to get onto the bus going to the next town. After that I just kept on going. Between stops I buy a sandwich and go to the loo but I just love to keep moving. When the buses stop I just find a place to sleep in the local parks or in a shop front and that's fine. I can't really tell you all the towns I've visited and they all seem so similar and, to be honest, I can't remember where my old people's home was – not that I really care anyway.

Just now a young policeman came up to me and said "You poor old dog, you look completely lost." I told him no, I'm never really lost when I have my bus pass because I can go anywhere. He looked at me a bit funny and he's on his radio now but if I'm quick I can hop on a bus that's leaving now and I'm sure he will forget about me.

I'll tell you one thing. Being a bus gypsy (as I call it) is a lot better than sitting around with a bunch of old dribbling zombies in the home. Thank goodness for senior citizen free travel. That's what I say!

**Bill Twinn**



### Short Story 2: It's a dogs life.

He cursed the dog walkers roundly. Why could they never be bothered to pick up their mess? Look, four separate dog poos! Even in this quiet country idyll Arthur couldn't escape. He had told these people time and time again. Yes, they carried their little black plastic bags, then left them hanging on the thorn bushes. What was that all about? When it got on his shoes, boy did it stink.

This just about summed up the world for Arthur, other people's selfishness and laziness. Their Facebook dog photos on their dratted smart phones. -Oh, look at cute little popsy! He wouldn't hurt a fly.

-No but those blasted worms they carry would eat into my brain, he muttered. They don't talk about that. It wouldn't surprise me if that disease is really common in dog lovers. They're always cuddling their mutts and now there's even dog menus in the pub! Yuck!

In his raging, Arthur didn't notice the greasy clay under his feet, until he slid, arms flailing, down the slope, then he heard a sharp crack like a starting pistol, probably a dislodged flint. He pitched forward uncontrollably and rolled headlong over the ridge into a deep thicket of nettle and thorns. He lay there, red weals erupting on his hands and face and blood dripping out of thorn punctures.

His legs felt like jelly. -No wonder, he mused, I've had a shock. Then he tried to stand up, only to find that his left leg wasn't doing what it was told, and he slumped down into the nettles. He tried again, nothing, it was as if his foot was on a piece of elastic.

Arthur shivered and his anger gave way to cold reality. The crack he'd heard, and then his foot feeling disconnected from his leg. His leg was broken, right now the countryside felt less than idyllic, and Arthur started shouting wildly for help. -Help! somebody help me, he wailed. I'm over here! Please, I'm injured, call an ambulance.

Just then the wind got up as rain arrived, cold and stinging, soaking into his jacket, trousers and walking shoes. He was going to die here on this hillside, unloved and uncared for. So, this is how it would end! He might have known. This was what life had in store for him.

The sun came out a little and, as he sat, huddled, head buried on his chest, he started to drowse. Suddenly, bounding up, barking, came a brown and white bright-eyed mongrel, it licked his face and ran off again.

-Hello love, you all right? An invisible voice drifted out from behind the blackthorn.

A young woman, with a huge pink smartphone and smoking a roll-up, stepped into view.

-Little 'Woofs' found you. She pointed to the dog.

-Do you need a hand?

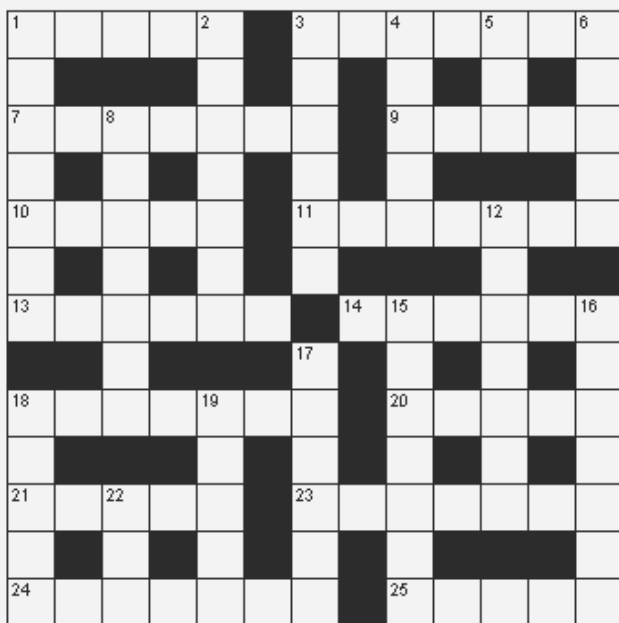
-You're looking grey.

-Shall I call 999?

**Mick**

# Crossword And Quiz

Standard Crossword- ukp012



© Puzzle Choice

## Across

1. Goddess of love (5)
3. Revoke (7)
7. Floor show (7)
9. Oversight (5)
10. Last letter of the Greek alphabet (5)
11. Rising warm air current (7)
13. Symbol of disgrace or infamy (6)
14. Sour (6)
18. Inscrutable (7)
20. Type of snake (5)
21. Photo book (5)
23. Luxurious (7)
24. Commotion (7)
25. Restorative (5)

## Down

1. Asinine (7)
2. Satire (7)
3. Turn on an axis (6)
4. Unguent (5)
5. Mischievous fairy (3)
6. Live (5)
8. Transience (7)
12. Gruesome (7)
15. Explanation (7)
16. Forceful and extreme (7)
17. Educational institution (6)
18. Intone (5)
19. Musical speed (5)
22. Saloon (3)

## 20 Quiz Questions

1. The New Testament was originally written in which language?
2. What does the Internet acronym ROFL mean?
3. What is another name for Gypsum plaster?
4. The earliest wheelbarrows were used in which country?
5. As of 2018, who is FLOTUS? (Hint: we want a person's name)
6. Which country has the highest density of vending machines in the world?
7. Who asked the quiz questions on University Challenge before Jeremy Paxman?
8. What sort of vehicle is a vardo?
9. Thiamine deficiency due to not enough vitamin B is also known by what name?
10. What is bigger, the hectare or acre?
11. The name of which Spanish ham literally means "ham from the mountain range"?
12. Which organisation was founded by Charles Taze Russel in the 1870s?
13. Which animal is associated with the year 2018 in the Chinese Calendar?
14. Which spice can also be the name of the top colour of the Indian flag?
15. Which word starting with the letter 'p', is often used to describe someone that has mastered multiple languages?
16. Which actress once said: "Women might be able to fake orgasms. But men can fake a whole relationship"?
17. What musical instrument was played by George Dawes on TV's Shooting Stars?
18. What name is given to the small dots on each face of a common six-sided die?
19. The Welsh settlement of the Chubut Valley is in which sparsely populated region?
20. The Royal Opera House in London, is often referred to by which two word alternative name because of it's location?



## **JULY 2019 IN VENICE**



This summer my son Simon, my granddaughter Ella and I set off on another adventure. Last year we did a mammoth road trip down through Western France, across the top of Spain, through Andorra and the Auvergne with a final stop in Paris. The year before we had had a week in Florence. So, we decided to return this year to Italy, to Venice. So, planning started in earnest in late winter and I found a small family-run hotel tucked away in the rabbit warren between St Mark's Square and the Rialto.

This was my fourth time in Venice, but their first. I wanted to strike a balance between culture and pure holiday - I can still hear, in my head, my children's cry of "Oh no, not another Church, Mummy", when I took them there in the eighties (Simon being one of those children).

So, my plan was to book something for every other day and the alternate days would be 100% free to wander. The first bit of excitement was the water taxi from the airport - great fun skimming the water at speed with the spray in our faces. Then came the challenge of finding our hotel - no mean feat - but well worth the effort, so central and yet so private within a little typically Venetian courtyard off the main 'drag'.



I'd booked a tour of the Doge's Palace and St Mark's for the first morning. Although you pay quite a lot more to pre-book you understand why it's worth it when you see others queuing round the side of the building, and we had a super informative guide. Although I had pre-booked three 'events' - the visit to the three islands, Murano, Burano and Torchello, and, of course, the Guggenheim we 'did' something every day. I went to the Guggenheim in New York about 15 years ago and on our French odyssey last year we three went to the Guggenheim in

Bilbao, and all three of us - three different generations with different tastes, absolutely loved it. So the Venetian Palace on the Grand Canal which Peggy Guggenheim bought in 1948 (what a place to live!) was another must-see for us. The palace is filled with her collection of twentieth century masterpieces by people like Brancusi, Pollock, as well as futurist and surrealist works.

Ella, aged fourteen, took upon herself the task of finding restaurants each day with the aid of google maps and TripAdvisor - and didn't she do well! We had some lovely meals, mainly in tucked away corners, but our favourite which we visited three times - twice for dinner and once for lunch was in a passageway which led from a main route to a dead-end at a canal and we were highly amused by the number of people who came along, phone in hand only to get to the end and find they couldn't get across the canal at that point - google maps doesn't



always tell the whole truth! On the final evening our lovely waiter at our favourite restaurant boned the fish I was about to eat at the table explaining to Ella exactly what he was doing.

We had a natural 'son-et-lumière' one evening as a (thankfully) dry electric storm played out across the canal in front of St Mark's Square. And of course, no visit to Italy is complete without delicious ice creams, so after dinner each evening, instead of dessert at the table we wandered back to the hotel picking up an ice cream on the way.

**Text & Images Celia O'Shea.**

## Growing Your Own Sourdough Starter.

**This month we'll show you how to make 600g of sourdough starter to keep in the fridge and next month there will be a wholemeal loaf recipe using that starter.**

You may ask, why bother with sourdough, after all perfectly good yeasts and bread are available which are very quick and convenient?

Sourdough bread is made the way bread was



made before industrial processes were available. Georgian/early Victorian breadmakers kept their own starter culture similar to the one we will make. And in many parts of the world beyond the reach of industrial processes sourdough breads are still the staple.

It has a slightly sour taste though this enhances the flavour and allows the bread to keep for up to a week without any preservatives/additives. Even after being kept for a week, sourdough bread will still make delicious toast.

It takes time and patience to establish the starter. Conventional commercial yeasts produce quick results but part of the joy of sourdough bread is the preparation and artisanal nature of the process. You own it and no one else's bread will be like yours and the delight of eating your own sourdough bread is worth all the effort.

Regarding the look, feel and taste of sourdough, I haven't bought any shop bread – even labelled sourdough- that comes close.

So, you can look on the preparation as part of a learning process or meditation, an initiation into the mystery *and things can go wrong*. We're dealing with living organisms here.

You could think of your starter as a pet needing TLC to thrive, my first starters all had names.

The starter flavour – which it imparts to your bread is -according to many- partly derived by the airborne yeasts in your kitchen and partly by the flour which, depending on its degree of processing/bleaching, will be carrying its own wild yeasts. That's why I'd recommend using organic flour for the starter culture. Also, wheat and rye flours have quite different tastes.

The less processing the flour in your starter has had the higher the chance of success.

*Please use fresh flour though – not that bag of indeterminate age in the back of the larder.*

**NB You're growing your own starter here. If you have been given one, then it can be maintained with most bread flours. (Though it is a living organism, care for it like you'd care for yourself)**

This month we'll grow and store in the fridge a strong white, wheat flour starter though a wholemeal or rye starter can follow the same method.

**NB The method follows the Good House-keeping recipe which can be found on their website along with an excellent short YouTube video, though you are free to try other starter recipes. This is all part of the fun of baking from scratch.**

### Ingredients are:

A warm kitchen 20C – 25C (or the warmest spot in your kitchen) but visible as it's easy to forget about the starter. Not too warm though.

Strong white bread flour -organic is preferred. (Or an organic wholemeal or rye flour if you wish).

Mineral water. Just for the starter avoid tap or filtered water, though for maintaining a starter it's usually ok to use filtered water.

A suitable clean food grade bowl or tub-Tupperware/Pyrex/earthenware. About 1 litre capacity. **I use 1 litre Kilner jars.**

### Method

Day 1. Mix 75g of flour and 75g of water in the container. Don't cover with a tea towel to allow airborne yeasts to enter and put somewhere warm for 1 day.

Day 2-4. Each day add 75g of flour and 75g of water to the container. Cover with a tea towel and put somewhere warm till next day. You might notice some small bubbles – this is a good sign.

Day 5 There should be ~ 600g of starter in the container. Bubbles should be clearly visible and it should have a light, fruity smell.

If no bubbles are visible then keep feeding as above for 2 more days.

***ALERT: If it looks/smells AT ALL dubious start a new culture.***

### Refreshing the starter.

Once the starter is established, remove half, feed the rest with equal parts flour and water and put it loosely covered in the fridge.

So at each weekly refresh there will be 600g of starter in the fridge.

### For those who'd like to get baking sourdough straight away.

If you want to use the starter to bake a sourdough loaf straight away, then the Good House-keeping website has an easy to follow recipe using 250g of this starter. You can refresh the remaining starter and put it in the fridge as above. Search Google for '**sourdough bread Good Housekeeping**' and watch their short YouTube video and attached recipe.

**Text & Image Mick.**



## LETTERS TO THE EDITORS.

### **A letter from regular correspondent June Hamilton on local flood risk highlighting a useful recent PhD study.**

Dear All.

This is a fantastically interesting and hopefully useful document written by a Southampton university PhD student, on the subject we all care so much about, cross referenced with many other relevant documents and studies. At the end, there is also a mammoth bibliography which opens up a veritable library of additional research documents.

Andrew Stevens has studied flooding risks Portsea Island and Hayling Island in great detail. Maybe we should commission him to make a study of the Chichester plain and the Pagham peninsula as well?

**June.**

Editor's Note.

Google Search for PDF is:-

**'The historic evolution of coastal flood exposure in the UK. AJ Stevens'**

### **A letter from regular correspondent Abi Hudlass-Galley regarding her the development proposal for Roundstone Nurseries.**

Dear All

It seems we have good news for now.

It's been Withdrawn.. I am still in shock. Have spoken to Simon Davis who has not been able to get paperwork signed off, but basically that's all he has.. Arun asked for cases to show that four seasons are included in PD & the percentage of time workers would be off site. Their answer was to withdraw.. it looks hopeful.

I shall keep checking the site for its return, but in the mean time must thank everybody for everything they have done.

Kind regards

**Abi**

### **A letter from Paul with five useful tips for us when we start learning a new language.**

Dear Readers.

This was the title of an article in my trade magazine. The Psychologist. These might interest people:

1. **Listen to the language even if you don't have a clue what's being said - and you're not even paying close attention** - Research has shown the benefit of passive listening in the acquisition of language. Children do it.
2. **Don't try too hard with the grammar** - The argument is that too much concentration on grammatical accuracy takes up processing effort that might be better used in simply comprehension. Message: don't over analyse.
3. **Choose the right time of day - or night - to learn** - People have different preferred times for learning. Research has shown that evening learning, then sleep, shows better learning the next day and a week later. This might be because there is less interference from other information competing for the brain's attention.
4. **Take long breaks** - This might appear counter-intuitive, but taking a break can assist consolidation. There is a 10 per cent rule which states that the time for revision should be at 10 per cent intervals to the time when you need to recall it, viz. an exam.
5. **Have a drink** - A group of Germans performed better in a Dutch-learning task after a shot of Vodka than a group not so affected. Well, Dutch courage is a recognised phenomenon. But we all knew this, now it has empirical validation.

**Paul (Name & Address Supplied)**

## Crossword p8

Solution - ukp012

V	E	N	U	S		R	E	S	C	I	N	D
A				A		O		A		M		W
C	A	B	A	R	E	T		L	A	P	S	E
U		R		C		A		V				L
O	M	E	G	A		T	H	E	R	M	A	L
U		V		S		E				A		
S	T	I	G	M	A		R	A	N	C	I	D
		T				S		C		A		R
C	R	Y	P	T	I	C		C	O	B	R	A
H				E		H		O		R		S
A	L	B	U	M		O	P	U	L	E	N	T
N		A		P		O		N				I
T	U	R	M	O	I	L		T	O	N	I	C

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## Quiz answers p8.

1. Greek	11. Serrano
2. Rolling on the floor laughing	12. Jehovah's Witnesses
3. Plaster of Paris	13. Year of the Dog
4. China	14. Saffron
5. Melania Trump (FLOTUS stands for First Lady of the United States)	15. Polyglot
6. Japan	16. Sharon Stone
7. Bamber Gascoigne	17. Drums
8. A traditional horse-drawn wagon used by British Romani people	18. Pips
9. Beriberi	19. Patagonia (in Argentina)
10. Hectare (one hectare contains about 2.47 acres)	20. Covent Garden

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## Editor's Notes for Published Material

If you wish to advertise an event which takes place during the first two weeks of the month, it needs to be in the previous month's magazine. If it goes in the magazine of the month it will take place, it won't reach all the readers in time. We want to advertise your events very much so please make sure we can. Thank you.

**COPY:** 400-600 words as a target please, short articles very welcome: Small is beautiful!

Copy should be emailed to editors by 25th of the month to allow for distribution by the first week of the following month.

Any font acceptable, Tahoma 11 pt. preferred. We alter it to fit the available space.

NB Letters can be longer. -See Disclaimer.

NB2 All provided images should be royalty free since all images in the magazine are published as royalty-free.

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