

THE FRUITS OF OUR LABOURS



Photo: Home-made Sourdough Toast, Plum & Ginger Jam; Mick

I Heard It On The Grapevine.

- The Rotary are putting on a treat of a concert. **p4**
- **Nordic Walking;** Give it a try!
Yes, it's far more than just walking with poles! **p3**
- **HeartSmart Walks.**
The secret ingredient of a healthy physical and mental life? Walking.
Try a 30 min. free taster walk round the Yacht Basin and soon you'll be striding out with confidence.
-dates for the diary! **p3**
- **Go with the FLOW?**
The Manhood Wildlife and Heritage Group are doing wildlife surveys in the Parish. Go along and find out why and how you could help. **p4**

Strawberry Fields Forever.

- That's what Ray thought all those years ago. Now his lives in rubble. Jackie's story is on **p9**
- Walk slowly. Danna Faulds meditation takes a moment to breath life back. **P7**
- Quiz/puzzle answers. **P12**
- Jokes? Some real groaners on **p3**.

I Like Bread and Butter, I Like Toast and Jam.

- Mick's Plum and Ginger Jam's not to be missed. The bread and toast comes next month! **p10**
- What about Louise' Bountiful Apple Crumble? Glory Be! **p10**
- Try our quiz over breakfast; but don't be late out! **p7**

Mean Mr Mustard.

- How do you feel about recent local land developments; Fight or Flight? Mick's Editorial is on **p5**
- Abi isn't happy about Newey's plans. Can you help? **p11**
- And as for lorry drivers! Helena's short story is on **p6**
- Never a cross word? You haven't tried ours on 'opposites'. **p5**

Breakfast In America?

- Or yachts and power boats in Finland. Louise was there. **p8**.
- What about woodchips on your begonias. Keep down those weeds without chemicals. **p4**

This magazine has been put together to put people in touch with one another in the village, to encourage the swapping of plants, recipes, books, Exchange & Mart, hints, ideas and things to do.
'Letters to the Editor' would be very welcome. We seek to encourage people's input to the magazine.
Help us fill the following issues and make your voice part of our local life.

Please forward this edition to your friends, if they would like to receive a regular copy they can email us at mmmeditors@gmail.com Louise Russell & Mick Lovell



NORTH MUNDHAM PARISH COUNCIL

Working for the whole community

SCHEDULE OF MEETINGS TO BE HELD BY NORTH MUNDHAM PARISH COUNCIL	
Planning Meeting & Full Council	8 th January 2019
Planning Meeting	5 th February 2019
Annual Meeting of Electors (2)	19 th March 2019
Planning Meeting & Full Council	5 th March 2019
Planning Meeting & Employment Cttee	2 nd April 2019
Annual General Meeting	14 th May 2019
Planning Meeting	21 st May 2019
Planning Meeting	4 th June 2019
Planning Meeting & Full Council	2 nd July 2019
Planning Meeting	6 th August 2019 – NO MEETING
Planning Meeting & Full Council	3 rd September 2019
Planning Meeting	1 st October 2019
Planning Meeting & Full Council	5 th November 2019
Planning Meeting	3 rd December 2019
Planning Meeting & Full Council	7 th January 2020
Planning Committee Meetings will commence at 18.45 at North Mundham Village Hall unless advertised to the contrary. Full Council will commence at 19.15 or immediately after the Planning Committee Meeting.	

The Chairman has the right to call a Council (3) or Parish Meeting (4) at any time during the year should any matters come before the Council that they feel this is necessary the Parishioners will be advised.

- (1) Local Government Act 1972 sch 9(1)
- (2) Local Government Act 1972 sch 12 para 8
- (3) Local Government Act 1972 sch 12 para 9(1) and 25(1)
- (4) Local Government Act 1972 sch 15(1)(a) and 30(1)(a)

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What's Happening Locally This September and Beyond?



The banner features a collage of images: a head of broccoli, a bunch of tomatoes, and a loaf of bread. In the center is a purple box with the Chichester District Farmers' Markets logo, which includes a heart shape and the text 'CHICHESTER DISTRICT Farmers' Markets loving our local food'. Below the images, a purple bar contains the text 'East and North Street, 9am - 2pm.' and '1st & 3rd Friday of every month'.

East and North Street, 9am - 2pm.

1st & 3rd Friday of every month

This Month, There's No Nordic Walking Taster Session from Chichester Nordic Walking.
However there are other activities and full details of each months walks can be found on their Facebook page or website.

Links below.
Facebook Website



HeartSmart Walks

are organised by Chichester District Council and are free.

They organise a range of guided walks to cater for all ages and abilities.

You can try a gentle-paced, flat beginner's 'Taster' walk of 30 minutes from Chichester Canal, Basin Road and these run every Wednesday from 10:30 for 30 minutes.

Call to confirm walk is going ahead if weather looks poor.
Please arrive 10 minutes beforehand.

All details and a full programme can be found at the CDC website. The link is:-



<https://chichester.westsussexwellbeing.org.uk/>

The link to their walk programme is:-

<https://chichester.westsussexwellbeing.org.uk/topics/being-active/healthy-walks>

You can contact the Wellbeing Team directly at:-

Chichester Wellbeing Team

Tel: 01243 521041

Email: info@chichesterwellbeing.org.uk

Humour?

"You know, somebody actually complimented me on my driving today. They left a little note on the windscreen, it said 'Parking Fine.' So that was nice."

– Tim Vine

"I went to a restaurant that serves breakfast at any time. So I ordered French toast during the Renaissance."

- Steven Wright

"Did you hear about the beehive that was blocked up with honey and beeswax– Unbelievable."

What's Happening Locally This September and Beyond?

BIG BAND CONCERT
Saturday
14th September
2019
7pm doors open
6:15pm

100 CHICHESTER ROTARY CENTENARY 1920-2020

ST PAUL'S CHURCH CHICHESTER
PO19 6FT
Tickets £12.50
Telephone
01243 816525

The Central Band of the Royal British Legion

For Tickets Go To:
<http://www.chichesterrotaryclub.org>

The Winchester Military Wives Choir

Wood Chippings for Flower Beds

Keep Down Those Weeds!

Louise found a local supplier who sells wood chippings for flower beds for a fraction of the price of other wood yards.

£40 for 3 Cubic Metres Delivered!

Ed Hackman
07976 599712



<https://www.bluecedartreesurgeons.co.uk/>

 **INVITATION** 

The Manhood Wildlife and Heritage Group
invite you to join us for our

**North Mundham Parish
Drop-in Information Session**

- Find out what we are doing in North Mundham this year and why we are surveying wildlife on the Manhood Peninsula
- A short presentation about the FLOW project
- Look at what we have found in other parishes
- Find out how you can get involved

Thursday 5th September 2019
7pm - 8:30pm
North Mundham Village Hall
Refreshments provided

For more info on this event, please email hello@mwhg.org.uk www.mwhg.org.uk





 
LOTTERY FUNDED

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Editorial: What Can We Do About The Uncontrolled Planning Going On Locally?

Our July issue carried a letter from Abi Hudlass-Galley concerned about worker accommodation proposed by Neweys on the Lagness Road. She writes again this month about the latest developments.

Yet, how can readers react effectively to such heartless action? Let's first of all set the scene. We could consider passing round the cap and Kleenex® for the District Councils. Over recent years they have been 'painted into a corner' by the withdrawal of government funds and thereby the loss of their autonomy. **Boo-Hoo!!** Those Kleenex® are already soggy with their crocodile tears.

Apart from Council Tax their funding to a large extent depends on keeping big business and central government happy, to maintain a trickle down of money so as to perform, amongst other things, their role as arbiter of planning applications. However, for larger developments they have no meaningful capability of doing so. Witness the case of the 'strategic housing' plans in Pagham. Arun District Council swallowed the builders environmental, traffic and land suitability studies having no one available to do the detail work. Such people being pensioned off if too frank, or perhaps, 'seeing the writing on the wall', leaving to draft studies for the builders. Nevertheless, locals affected by the planning applications had enough know-how and initiative to work out that the builders plans were seriously flawed or just plain wrong. I hesitate to use stronger language.

However, what locals hadn't realised was that the planning process was largely irrelevant to the builders who paid lip-service to it and let objectors waste time and energy in a war of attrition. The builders had little intention of changing any plans. In this war the builders had the cavalry waiting in the wings, a legal arsenal which could demolish any challenge from individuals or the Parish Council should the planning process falter. Consider 2500 houses planned for Pagham amounting to £720 million in revenue for builders at Pagham's current average unit house price. That buys a lot of lawyers and other legal capacity. I hesitate to use stronger language.

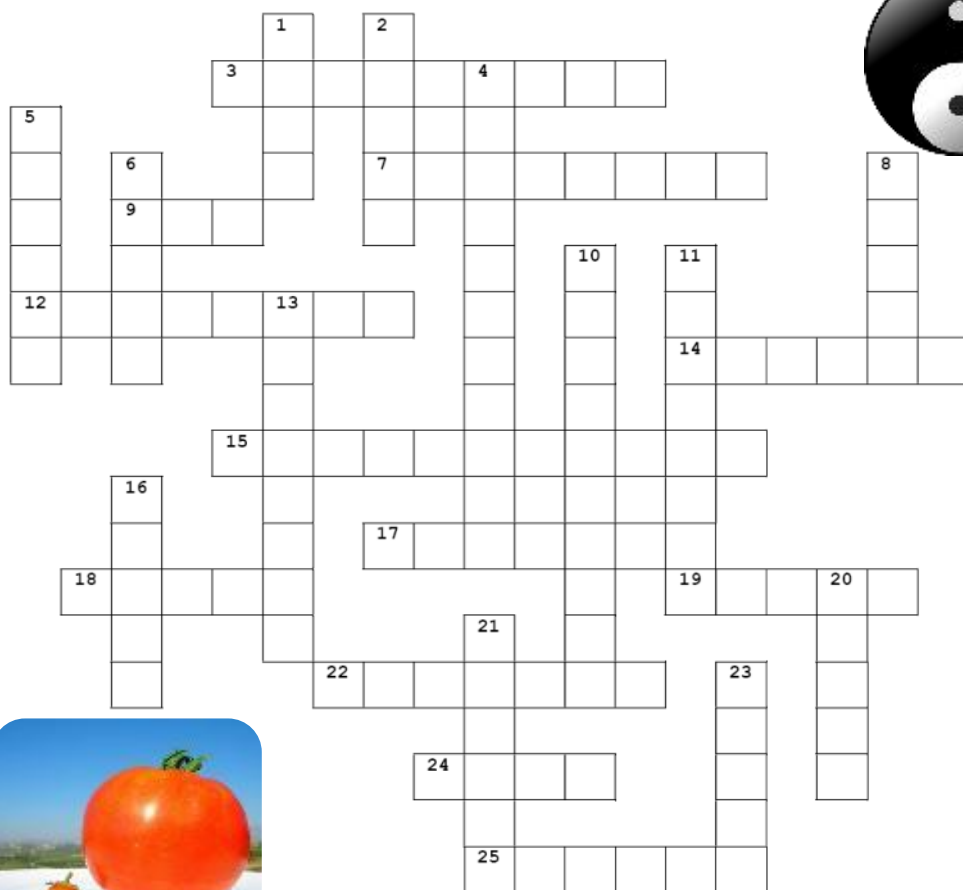
Faced with this overwhelming imbalance in favour of unrestrained development our initial feelings may be Isolation, Panic, Rage and Impotence. Followed eventually with 'let's not bother'. To organise and fight back, these initial responses could be replaced by Wisdom, Humour, Compassion, Resourcefulness, Friendliness and a Determination to see fairness prevail. Also to choose carefully which battles we want to fight knowing that some we'll certainly loose.

All the time cherishing the small corner of our island that we call home.

Mick

NB If you'd like to support Abi please see some suggestions at the foot of her letter.

Crossword: Opposites.



Across:

- 3 ugly
- 7 exit
- 9 on
- 12 normal
- 14 quickly
- 15 necessary
- 17 inside
- 18 north
- 19 left
- 22 obey
- 24 east
- 25 wide

Down:

- 1 far
- 2 loud
- 4 stupid
- 5 wrap
- 6 old
- 8 big
- 10 possible
- 11 order
- 13 midday
- 16 tall
- 20 sad
- 21 ancient
- 23 above



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Short Story: A less than routine journey...

We were fortunate, living in the country, to still have public transport to get us into work or college in the local town. At 7.45 am a minibus took us in, avoiding having to use the car and adding to congestion and pollution.

That morning, the journey started normally. I caught the minibus opposite the village pub. Other travellers were already on board and more would join at the remaining stops. I had grown to know my fellow passengers, although apart from a customary "good morning", conversation was at a minimum.

They were a very diverse group. Firstly, there was "tattooed man". He was a burly, silent individual who sat on the back seat and wore clothing that allowed him to display his tattoos in all weathers. Tattoos covered his arms, what could be seen of his chest, and his shaven head. His face was adorned with silver studs in his lips, nose and eyebrows. Rather surprisingly, he spent his journey reading that morning's edition of *The Times*.

Immediately in front of him, sat two sisters – probably in their 20s or early 30s. They were smartly dressed and always greeted others with a smile. However, both had severe hearing loss and their journey was spent using sign language to talk to each other.

On one seat, eyes glued to a sheaf of papers, sat a man in a smart, although shiny, suit. He wanted to present an air of competence and importance. In fact, he was the manager of the local "MacDonald's", where I had seen him several times whilst buying lunch. Yet, he had never acknowledged me there or on the bus.

Curled up in one corner was a youngish man, quite presentable, but he spent his journey catching up on last night's sleep (and often snoring). He would instantly wake on reaching the bus station and quickly disappear into the morning crowd. Where to nobody knew.

At the next stop, a smartly dressed lady would get on. She spent the journey applying her make-up and had mastered the art of doing so despite the bumps and twists in the road.

The two youngest travellers were typical of their generation. The girl, probably in her late teens, spent the whole journey on her I phone, scrolling and texting. The boy about the same age, possibly a student, was absorbed by his laptop. Was he dealing with his studies and approaching deadlines? Although they sat side by side, I rarely saw them talking.

The minibus made its way towards the town, crossing a busy roundabout some two miles from the bus station. At that time in the morning, it was chancy to cross the roundabout against the on-

coming traffic and out-manoevre the articulated lorries of various nationalities rushing to and from the nearby ferry port.



About a mile further on, a ford cut across the road into town. Normally this didn't pose a problem. However, it had been swollen by heavy rain and was only passable with care.

The minibus negotiated it slowly. Then suddenly an articulated lorry appeared travelling in the opposite direction. The driver was determined to cross the ford regardless. The lorry was left-hand drive and probably intent on catching the next ferry. It set up a wave which smashed into the front of the minibus, bringing it to a juddering halt in the ford.

"The engine's flooded" announced the driver. "I'll have to telephone for help but sit tight until someone comes"

Luckily, the "tattooed man" had turned around and calmly noted the lorry's details. The rest of us just sat and looked at each other, astonished. However, this incident 'broke the ice' and once we'd recovered from the initial shock, we began chatting together. We even learnt some sign language!

Helena Milne



Quiz Questions.

30 Quiz Questions

1. Who wrote the 2017 book What Happened?
2. Which country declared itself independent from Russia following the 1917 Russian Revolution?
3. Actor Glynn Edwards, who is best known for his role as Dave 'the barman' in the ITV drama Minder, was married to which well-known British actress?
4. Which planet in the Solar System has the most moons?
5. Which large town is home to the Halliwell Jones Stadium and the first IKEA store ever built in the UK?
6. Canadian-born American businesswoman Florence Nightingale Graham (1878-1966) went by which business name?
7. Which five letter name repeated, gives you the name of the largest inland city in New South Wales, Australia?
8. The song Dueling Banjos was made famous by which 1972 film?
9. Which area of Edinburgh, at the end of the Royal Mile, is the location of the Scottish Parliament?
10. Name the smallest British rodent?
11. 'Brains' is the name of a regional brewery founded in 1882 in which British city?
12. Who served as Prime Minister of Poland from 2007 to 2014?
13. Zsa Zsa Gabor was born in which European capital city?
14. Which 1980 novel by British Indian author Salman Rushdie deals with India's transition from British colonialism to independence?
15. Which part of the body contains bones known as the ossicles?
16. What weapon was used to assassinate Leon Trotsky?
17. Which association is most widely known for placing bibles in hotel rooms?
18. In which country did James Bond novelist Ian Fleming have an estate called Golden-eye?
19. Enver Halil Hoxha was head of state of which country from 1944 until his death in 1985?
20. Name the first singer to have been invited twice to perform the theme song at the Olympic Games?
21. Which confectionary brand founded in 1907 by Sydney Herbert Marks, in Essex, is a boy's name spelled backwards?
22. Who was elected Deputy Leader of the Labour Party in 2015?
23. The Turner Contemporary art gallery is in which English seaside town?
24. Which member of the Beatles was the oldest?
25. Which word, meaning 'small pebble' in Latin, is the mathematical study of continuous change?
26. Kirkwall is the capital town of which group of Scottish islands?
27. PG, a digital library founded in 1971 by Michael S. Hart, is a volunteer effort to digitize and archive cultural works - what does 'PG' stand for?
28. True or false. Argon is the third-most abundant gas in the Earth's atmosphere?
29. Name the county in South Korea that hosted the 2018 Winter Olympics?
30. Goodbye, Farewell and Amen was the title of the television film which was the final (and 256th) episode of which American television series?

Walk Slowly (Danna Faulds)

It only takes a reminder to breathe,
a moment to be still, and just like that,
something in me settles, softens, makes
space for imperfection. The harsh voice
of judgment drops to a whisper and I
remember again that life isn't a relay
race; that we will all cross the finish
line; that waking up to life is what we
were born for. As many times as I
forget, catch myself charging forward
without even knowing where I'm going,
that many times I can make the choice
to stop, to breathe, and be, and walk
slowly into the mystery.



The Hanko Regattas in Finland – a good time was had by all!



I turned the corner of the small marina in Hanko on the southern-most tip of Finland to be greeted by the sleek hulls and the tall masts of the 6 metre racing yachts assembled for the worlds 6 metre regatta. It was 20 years ago that such an event last happened in this small town. The quayside was awash with all the paraphernalia involved with these yachts, sail bags and sails, rigging, masts and clothes.

The hunky sailors, five to a yacht, were getting ready. They wore their individual boat livery of coordinated colours with their boat logo and names displayed across the back of their Ts. This is a rich man's sport, think race horses on water. People carriers are hired at Helsinki airport to ferry their crews around, crew houses are rented, the whole town will come alive, restaurateurs will rub their hands in glee at all the extra business. Beautiful Finnish girls with their blue eyes, long blond tresses and bronzed limbs are not lost to the appreciative glances of the crews. This is the Finn's short summer and they plan to make the most of it after the long dark winter.

The crews are assembled and the boats craned into the water under the watchful eyes of their owners. Following them out are the Jury boat, the committee boat, a host of supporting tenders and press boats.

At the start line a number of spectator vessels are beginning to encroach and are chased off by the officials. At the starting gun the boats cross the line to a hail of curses and shouts in every language, screams for 'water, water' ring out into the exulted air. Once away, the Sixes speed effortlessly across the water, the wind filling their sails and the fine-tuned skills of each sailor are coordinated with his crew, for therein lies the success of the boat. Up to the first mark and as each boat rounds it, out shoots the spinnaker billowing out like an enormous balloon of canvas speeding the boat along, more curses and shouts if the boats are bunched together.



Once back in harbour the crews congregate in the beer tent where 15 national flags flutter in support of their sailor's countries. Damage is assessed, recriminations made and protest flags discussed. A lost mast, rudder or a collision can have devastating consequences for the boat. The beer tent is where they all relax after the race; it is buzzing with boat talk, each crew member trying to fine tune their performance for the next race. They all watch a recording of the race intently on a large screen filmed from the air and water.

At the end of the regatta is the saddest day of all. Sun tanned and weather beaten after a strenuous week, animosity to the opposition is forgotten as they hug each other and slap one another on the back. See you in Sanxenxo next year they cry and off they all go. Boats are craned onto

trucks, the sails are furled, the crew houses cleared, the people carriers ferry the crews back to Helsinki airport.

By stark contrast, the following evening I followed a well-trodden track over the glacier smoothed rocks back to the marina to the sound of devastatingly loud music blaring its way across the water. Where once there were the sleek hulls of the Six Metres, the pontoons were now filled with motor boats of all sizes and styles getting ready for the 'Poker Run' – the annual motor boat regatta in Hanko. I strolled down taking in the scene, a blond Elvis had set up a disco from the back of his boat and a beautiful waif high on something or other danced erotically in front of him oblivious of the passing crowd.

The people were very different as well. Chunky guys with shaven heads, tattoos and gold chains said: 'Don't mess with me'. Their women were scantily dressed in bright colours and high heels, they tottered off their multi-decked boats with a practised ease. The air was filled with the sound of revving engines, bliss to a petrol head, and on the pontoons oil cans and tools had replaced sail tackle and ropes.



The boats were moored stern to the jetty so that the entertainment areas were on show for all to see. The debris from serious partying the night before was on display, the piles of beer cans and bottles were their proof that their boat partied harder than the next. What was not left on the boat sterns found its way into the once pretty flower tubs that decorated the marina. The next day the boats took off to a deafening roar as they churned up the waters to a sizeable sea.

However you may judge the two regattas or whatever is your preferred way of partying, it was evident that a good time was had by all.

Louise

Short Story: Ray's Days.

Ray turns into his front door, walks in and, as usual listens as he moves around, his family home sits quietly, with an emptiness that causes him to bow his head as though from a blow. Months of hopes rung dry and tears shed silently at 3am has led to a parting of the ways for him and his wife. This home has a buyer so Ray would be clearing furniture and then Ray and his ex-wife would part.

He boils the kettle and its chirpy burbling fills the echoing kitchen. After pulling a mug from the dishwasher he realises yet again how hard it is for him, mid-fifties, to admit how lonely he is. If it wasn't for the saving grace of his bright plants, constantly needing his care he would have nothing to nurture or tend to. Ray's plants fill his hard drive, screen and mobile with snaps of colour, seed sites and Google searches. Where he is allowed to leave them (agreed by his ex and the estate agent) seedlings and plants occupy almost every shelf and window sill. Ray knows it's more than a hobby. Latin names spring from his tongue easily, colour variants and growth sequences, moisture needs and light, to say nothing of humidity, are all plant facts he loves exploring.

He sups his tea outside, it's sunny and he is lucky that he is home by 4pm and able to enjoy the garden again. 'Home', what will his next home be?

Ray has put decades of himself into this garden. Orchids, cacti and succulents, many colour and species, tending them as any experienced parent would with patience and consideration.

Ray will need to disassemble his house, his garden - in this parting. He walks around the side of the house - scratching at a painful wound as he scratches his thinning hair and looks at the huge rubbish filled hole in the ground that takes up half the side garden area. Reliving the joy of his old plan of weekends filled with graft, sweat, pencil drawings and vision. Back then Ray saw rows of colour, shelves of speckled creamy orchids, minute cacti growth, and abundant green, a radio, a comfy old chair, a bolt hole. It is filled with builder's rubble now.



Three months later, Ray sits nursing a cooling tea. The small flat feels a little less temporary but still claustrophobic. With help from work mates and friends a lot of old stuff from the family house has gone to charity, either way half a four bed house does not fit into a 2 bedroom apartment.

On good days he could say he was getting used to the difference and newness, bland walls and the tiny kitchen. Yet Ray can't shake the sensation of having lost a limb.

Ray's nightmare day came 3 months ago when he had to dispose of his precious plants. Granted his daughter offered hotel space for a box or two of orchids and one of his new bedrooms was now crowded to the ceiling with carefully boxed plants.

One sunny Friday some months later, Ray is almost in his car when Sid, a colleague, puts a hand on his shoulder.

'Can you follow me back to mine mate, I need your opinion on my new indoor palm I've just bought - I'm not sure of the best place for it in my house? To say nothing of the Friday night beers I've got in the fridge...'. This is an odd request but Sid has his sunglasses on and Ray couldn't read his face but he follows Sid's van, maybe they could share a take-out later and it was about time he got out for a sociable evening anyway. Yet Sid's van drives past Sid's house and Ray thinks he caught a glimpse of Rita, Sid's wife looking out of a window with a mobile clamped to her ear and smiling.

Confused and perplexed, Ray follows Sid thinking maybe this was Sid's way of cheering him up - perhaps they are heading to a pub to meet up with some work guys. No, suddenly he thinks: they were forever talking about internet dating to sort out 'the problem of Ray's singledom'. Ray knows they mean well. Ray checks his chinos; sadly they need a wash so he really hopes Sid has not fixed him up! He touches his thinning hair and wonders.

They both stop amongst other cars at a small unfamiliar car park on the outskirts of town and Ray gets out next to Sid's car walking towards Sid with his arms out wide questioning. Sid says: 'Hang on mate'. Before Ray knows it Sid slips a bandana across Ray's eyes so that all went dark suddenly and spun him around and around as though he was a kid at a party. Ray hears footsteps, laughter and two people gently grip his arms and walk him onto and along an uneven path. Ray senses people behind as his companions stopped. Sid removes the bandana with much practised flick. 'What do you see Ray?' He blinks astonished at what he sees - all around are plot of allotments, some tidy, others messy!

Sid says, 'yours is in the middle just there where Albert is standing waving a green flag at you. It's registered in your name - don't ask how we did it but when we knew you had to sell up and throw most of your precious plants away we wondered what we could all do. It has taken a while, Albert put your name on a waiting list and last week this plot where Albert stands became yours - you can't put an orchid greenhouse on it mate - but you can get messy with the soil and plan.' 'It's yours Ray.'

Ray's eyes glisten and his throat tightens, he couldn't form words but turns and sees several work colleagues with their mobiles behind him waving to mark this special moment. Ray clasps Sid to him in a crushing man-hug and his mates whoop in glee!

Ray croaks, 'I would love that beer Sid - was there really an indoor palm'....

Jackie Lovell

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LOUISE' BOUNTIFUL APPLE CRUMBLE

The branches are groaning with apples and pears this year. The hedge rows are full of wild rose hips, sloes and blackberries.

My top shelves now have 8 bottles of Elderflower Cordial and under the stairs are two demi-johns of sloe gin made from last year's sloes frozen, that way you don't have to prick them ;-) So gather your sloes this year for next.

Here is my grandmother's apple crumble recipe which I'm told from crumble connoisseurs is one of the best they have tasted.

Grannie's Apple Crumble.

Cook Gas Mk. 4 180°C/ 350°F/45 mins

Ingredients

2 lbs of Bramley apples or similar cooking apples
3 heaped tbs. light brown sugar (my cousin uses golden syrup !)
4 – 6 cloves
2 tps cinnamon
Grated nutmeg (optional)

Method

Peel, core and slice apples
Put all ingredients into a pan and gently cook enough to slightly soften the fruit turning all the time.
Cool down before applying the crumble

Crumble Topping

8 ozs plain flour
4 ozs brown or white sugar
4 ozs butter
Rub all ingredients together and after putting the cooled apple into a deep dish spread on the crumble. Sprinkle with oats.

**N.B. Pears to spare, ring Louise 01243 781052
Organic and free ;-)**

Prepare the plums.

Halve the plums, remove the stone and place the plum halves into a Pyrex/ceramic bowl.

Sprinkle the plum halves with 4 tablespoons of the sugar.

Cover and put to one side for 2 hours at room temperature, or preferably overnight in the fridge if you have the time. After this the sugar will have dissolved and the plums have rendered up plenty of juice.

Prepare sterilised jars and lids.

Whilst waiting for the soaking plum/sugar mixture, prepare and keep ready sterilised jars and lids.

How this is done is a matter of individual choice and the equipment you have available.

I clean and then boil lids/jars for >10 minutes and then keep them on a large ovenproof tray in the oven at ~150°C till filling.

It's time to make the jam.

Place all the plums, juices, remaining sugar, and the ginger, if using, into a large, heavy-bottomed or preserving pan. Put on medium heat and stir until all the sugar has dissolved. Raise the heat until the mixture begins to bubble and boil and simmer at rolling boil for approximately 10 minutes, stirring every 2 minutes to avoid the sugars sticking to the sides of the pan.

NB It may take longer— please be patient.

Take Care with Hot Jam and Hot Container.

This jam is ready for bottling when it reaches a temperature of 104-105°C or 219-221°F

How to know when it's done? Easy Method.

- Use an **instant-read digital** thermometer! (Lakeland or other reputable make)
NB: Instant means a few seconds.
- Stir the jam well to equalize the temperature.
- Place the thermometer probe in the centre of the liquid and agitate it slightly.
- If necessary, tip the pot a little to ensure adequate liquid depth for spot-checking.

Caution hot jam/pot.

NB Methods involving conventional jam thermometers or saucers/fridges are available. I find them slow and unreliable.

Filling Jars.

Once the jam is ready, turn off the heat but leave on the hob. Leave it to stand for ~10 mins.

Take your hot, sterilized jam jars one by one and, using a heat resistant jug (or jug & funnel), carefully fill to the neck of each jar.

Sealing & Storing.

Either

Cover the surface of the jam with a wax disc (if available) which can help prevent mould during storage. Tightly screw on a clean sterilised lid (ideally new and undamaged) or fit a cellophane disc secured with an elastic band. Leave to cool.

Other sealing methods are available. I've never tried them.

Stored in a cool dark place the jam should **apparently** last for a year. I've never kept it that long! :-)

Mick

MICK'S EAS(IE)R PLUM AND GINGER JAM.

This year our plum tree has gone crazy despite having pruned it and then thinning the fruit after the 'June Drop'. I expect next year the tree will take a well deserved summer break!

Plum moth caterpillars/greenfly were well down on last year. This year Nature did the pest control.

Plums are rich in antioxidants and vitamins and also low in calories. The ginger gives the jam a depth of warmth, and it's beautiful on toast, to fill cakes or to top off a scoop of vanilla ice-cream.

Ingredients

2 pounds (1kg) Victoria plums (or other plump variety, ripe and juicy)
2 pounds (1kg) sugar (granulated)
1 lemon (juiced), 4 teaspoons ground fresh ginger.

LETTERS TO THE EDITORS.

LETTER FROM ABI HUDLASS-GALLEY RE THE NEWHEY DEVELOPMENT AT LAGNESS (See July 2019 MMM for original details)

As Arun requested, Newey have applied for a Certificate of Lawfulness (using unsubstantiated figures and sudden change/additional crops) on their Permitted Development Rights. This is merely stage one of a larger project and, should this application succeed, there will then be an application to secure a year round use, ultimately to accommodate the 500 plus workers presently living in Bracklesham. We therefore have to stop this now. There can be no naivety about what will happen.

Summarising grounds of objection:

The site is totally unsuitable for this proposed use:

- The Pagham Road is already way too busy and has traffic jams twice daily all along this stretch - we cannot add more commuting traffic to this road. This particular bend is the site of many accidents so we cannot have vans pulling in and out all day adding to the chaos.
- The site is too small to squeeze in 31 vans, it leaves no room for any kind of sound/light/vision banking, or security fencing.
- The site is nestled between 6 homes. The nearest being only 50 meters away.
- 186 (& more in the future) Seasonal Workers in the area of Lagness/Pagham would be a recipe for disaster. They need to have facilities and access to a town. Security for the surrounding area would be a certain problem as other areas have found.

We have discovered various anomalies within the sites original Planning Consent and we will be investigating further.

Alex Newey, since taking over the site, has completely disregarded this planning consent. Furthermore, if he does intend to increase production, he would also be increasing traffic movements (cars, mini-vans trafficking workers, and HGV's) over and above these original planning consent figures.

Not only are there already many more cars and vans on site than legally allowed, he also leases out space to a haulage company (Woodside Logistics) who have dozens and dozens of lorries going in and out every day, over and above the normal horticulture lorry movement from the nursery business itself.

There is an area used as a haulage Hub where goods are stored temporarily. Even food items

have been seen in the horticultural cold rooms, which I can't imagine would pass any health and hygiene standards.

Many lorries actually stay over night with the drivers sleeping in their cabs, in an area that was supposed to be an overflow car park. Not a lorry park. Surely this should have some sort of permission too? Newey is meant to be and only has permission to be a horticultural business.

They now appear to be running various trades from the nursery site, the latest one of course being the Recruitment Business (ProForce).

I appreciate that Alex Newey proudly says he is a serial entrepreneur, and that we need people to create work, however, they need to work within the rules/laws as they stand, and they certainly should have a moral obligation to the community around them.

Alex Newey has shown that he has no regard or compassion by refusing to find a more suitable site.

This is a request for a rubber stamp on something already demonstrated as illegal, self-serving, irresponsible and dangerous for our community.

Abi Hudson-Galley; Name and Address Supplied.



Birds-eye view of the proposed Development in RED. GREEN is homes.

ACTION READERS CAN TAKE.

EITHER

Use weblink <https://www.arun.gov.uk/weekly-lists>

Enter P/78/19/CLP

Click View To see all documents

Click Comment to object/support

OR

email: planning@arun.gov.uk

with reference P/78/19/CLP

In both cases the text from Abi's letter can be used as a template, highlighted in blue to the left, please paraphrase if possible. Or your own words.

Please avoid any references to individuals.

NB Each Objection helps. Numbers count in the planning process.

In addition you can also contact your Parish councillors/MP.

Opposites Crossword p5

Across:	3. beautiful	7. entrance	9. off	12. abnormal	14. slowly	15. unnecessary	
	17. outside	18. south	19. right	22. disobey	24. west	25. narrow	
Down:	1. near	2. quiet	4. intelligent	5. unwrap	6. young	8. short	
	10. impossible	11. disorder	13. midnight	16. short	20. happy	21. modern	23. below

Quiz answers from p7.

1. Hillary Clinton	11. Cardiff	21. Trebor
2. Finland	12. Donald Tusk	22. Tom Watson
3. Yootha Joyce	13. Budapest	23. Margate, Kent
4. Jupiter	14. Midnight's Children	24. Ringo Starr
5. Warrington	15. The ear	25. Trinity College
6. Elizabeth Arden	16. An ice pick	26. Orkneys
7. Wagga Wagga	17. The Gideons	27. Project Gutenberg
8. Deliverance	18. Jamaica	28. True (In order: Nitrogen, Oxygen, Argon, Carbon Dioxide, etc.)
9. Holyrood	19. Albania	29. Pyeongchang
10. Harvest mouse	20. Sarah Brightman	30. MASH

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 Page 8 Hanks Regatta images. Louise.
 Page 9 Chair in conservatory. Image by Pexels from Pixabay <https://pixabay.com/photos/chair-cottage-country-style-1840526/>
 Page 11 Planning image. Courtesy of Abi Hudlass-Galley

Editor's Notes for Published Material

If you wish to advertise an event which takes place during the first two weeks of the month, it needs to be in the previous month's magazine. If it goes in the magazine of the month it will take place, it won't reach all the readers in time. We want to advertise your events very much so please make sure we can. Thank you.

COPY: 400-600 words as a target please, short articles very welcome: Small is beautiful!

Copy should be emailed to editors by 25th of the month to allow for distribution by the first week of the following month.

Any font acceptable, Tahoma 11 pt. preferred. We alter it to fit the available space.

NB Letters can be longer. -See Disclaimer.

NB2 All provided images should be royalty free since all images in the magazine are published as royalty-free.

DISCLAIMER

The views expressed in the Mundham Monthly are not necessarily those of the editorial team. The Editor reserves the right to edit and rearrange articles, but will endeavour to do so only where space is limited or where the information will be enhanced. All information is published in good faith but we take no responsibility for errors or omissions. We are happy to publish letters as 'name and address supplied' but will not include anything sent anonymously that is clearly defamatory or hurtful to a specific individual.

The Editorial Team

Please forward this edition to your friends, if they would like to receive a regular copy they can email us at mmmeditors@gmail.com Louise Russell & Mick Lovell