



Where is this Elizabethan masterpiece? See our coastal walk on p6.

## ALL CHANGE !

- Chichester Farmers Market is back; in East Street. p3
- Disappearing Peregrines of Chichester. p7
- For the Royal British Legion; Andy explains. p3
- Glass Fibre Sunbeams; Whatever Next? Helena relates an Itchenor tradition. p5
- Travelling Folk in the Spotlight. Parish Council & Reader Comments. p2/11
- Spring Garden Impressions. Art. p9

## It Could Be Worse!

- Than Shorts in the Garden; Matthews advice is on p8
- For Italy's Mountain Towns. Travelogue. p8
- Than Going to the N. Mundham Gala. p4
- As You Look in the Mirror. Reflection. p4
- Louise' Recipe for Summer on a Plate. p10
- Not So Easy Quiz p9
- Crossword. p7
- Quiz and Crossword answers. p12

## Should you need medical help as Lockdown eases.

- For NHS COVID-19 vaccination advice click [here](#).
- If you need other medical help you can contact your GP practice.
- If it's urgent please use the NHS 111 online service or call 111.
- If it's a serious or life-threatening emergency, call 999.
- If you are told to go to hospital, it is important that you do go.

## Louise and Mick.

### Some Further Links.

- N. Mundham Parish Council COVID-19 web page. <https://northmundham.org/coronavirus-covid-19/>
- [Chichester at Home](#) have put together a list of local businesses offering delivery of fresh produce, groceries, meals and home/garden items.
- If you need help, or if you want to volunteer, West Sussex County Council are also running a 'Community Hub' which you can access through this link: [Community Hub](#) or via a direct link at the top of the WSCC Home Page. If you have no access to the internet and need help you can call the Community Hub on 0330 222 7980.
- Mick has found a helpful Facebook group is 'West Sussex Covid 19 Mutual Aid'; you can use this link and join: <https://www.facebook.com/groups/2676801359115345/>

Please forward this edition to your friends, if they would like to receive a regular copy they can email us at [mmmeditors@gmail.com](mailto:mmmeditors@gmail.com) Louise Russell & Mick Lovell



## North Mundham Parish Council Report.

It was very disappointing to find that the playing fields were invaded by travellers again, on the evening of Sunday 11 April. With the experience of the previous incursion, we were able to liaise effectively with the police district commander, and they were served with a Section 61 order requiring them to leave – they left on the Tuesday. We are all very grateful to those, both members of the playing field committee and local residents, who helped clear up the mess that was left behind..

It is not clear why travellers seem to favour this community's playing fields and car park over others. The police gave some advice about how the defences of the car park and playing field could be further strengthened. We have to contend with potential intruders who have a range of equipment at their disposal to break in. The playing field committee are looking at ways that the police advice could be put into practice – it is not an easy task to reconcile the problem of keeping out those who should not be there while allowing easy access for legitimate users.

I know that many of you are frustrated that the police do not take more immediate and forceful action. However, although the police powers appear to be well-defined, they are constrained in the way they use them by a host of other considerations. I would be happy to discuss this further with anyone who wants to explore the issue.

As I write, it is still not quite clear whether the era of virtual meetings is behind us. In normal times, regulations require us to hold parish council meetings in public and face-to-face, and we have only been able to meet on line because of a specific exemption which ends on 6 May. We are aware that there is a legal challenge that seeks to extend that exemption, but meanwhile we assume it will not be renewed, and so we are looking carefully at how we will manage meetings after that date, and what precautions we need to put in place.

Tim Russell, Chairman. 01243 781052. [t.russell@northmundham.org](mailto:t.russell@northmundham.org)

### **NB Some useful emergency contact details are :-**

For planning issues, the Planning Authority is Chichester District Council. Their general contact number is 01243 785166. For contact out of hours call 01243 785339. For planning use 01243 534734.

For reporting all sorts of footpath or road defects, you can also use Love West Sussex at <https://love.westsussex.gov.uk/reports/home>

But for street lights of any kind, including traffic lights and illuminated bollards, use: <http://www.lightsoninwestsussex.co.uk/Public/ReportFault.aspx>

Your Parish Councillors can be found at; <https://northmundham.org/council/parish-councillors/>



# What's Happening?



**The Awards Winning Farmers Market returns to East Street this month on Friday 7 and 21 May. Fill your cupboards with locally grown, caught and made produce! Besides being fresh and tasty, all produce will help support our local economy and lowers the environmental impact.**

**All stallholders are required to process, grow, rear, bake, and/or preserve all their produce and be based within 50 miles of Chichester.**

**NB Covid Ambassadors will be on hand to help with queueing and encourage social distancing. When visiting the markets, please keep yourself and others safe by observing social distancing and regularly washing or sanitising your hands.**

## **MUNDHAM and DISTRICT BRANCH of the ROYAL BRITISH LEGION.**

Our local Branch has enjoyed much support from many of you over the years but needs a small committee to keep things running. Inevitably, committee members leave after long service but I regret to say that trying to find replacements has been unsuccessful. After much deliberation, we will therefore have to follow the route of several other local branches and become a 'County Supported' Branch, meaning that there will no longer be a committee nor any holding of funds.



We will retain a local Point of Contact who will keep in touch with the members and liaise with the Churches and Parish Councils on Legion matters. David Coward has very kindly agreed to take on this role.

The annual Poppy Appeal has always run independently of the Branch and this will continue as long as there are sufficient volunteers. However house to house collections are subject to national Covid guidelines. The Poppy Lunch can continue if Covid rules allow and if we have an Events Manager and helpers. David Maclean has again most kindly volunteered to fill the role but will need your assistance. If you feel you can help with either or both of these events please contact David Maclean, David Coward or I. It is envisaged that both Churches will continue with the annual Remembrance Services and wreath layings at the foot of the War Memorials.

My grateful thanks go to David Coward and Carol Greenfield for their unstinting support over many years as Treasurer and Secretary respectively. Thanks also go to James Bonney the Standard Bearer and John Lawson the Accounts Examiner in recent years. I hope that although the status of our Branch has changed, you will feel able to continue to support this much needed charity.

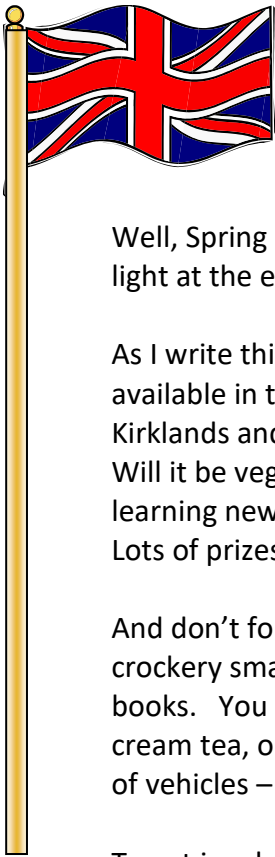
Please feel free to call me if you have any questions or concerns about this change.

**Andy Forsyth 07985 441 786**



# What's Happening?

## Mundham & District Gala and Flower Show 17<sup>th</sup> July 2021



Well, Spring has sprung and new shoots are appearing all around – and – there seems to be light at the end of the tunnel, and not just oncoming headlights!

As I write this the new schedule is with the printer and as soon as it's ready –it will be available in the usual places – The Farm Shop, Manor Nursery, Brickkiln Garden Centre, Kirklands and The Walnut Tree. Time to consider which classes *you* are going to enter. Will it be vegetables, fruit, plants, crafts, flowers, photographs or cookery. Have you been learning new skills during those long months of lockdown or perhaps honing existing ones. Lots of prizes to be won – and new this year will be prizes for Show Novices!

And don't forget there's lots to do out on the field – the tombola, Raffle, football roulette, a crockery smash and tempting things to buy – produce, plants, bric-a-brac, cakes, toys and books. You can have your face painted! and while you're eating a delicious ice-cream or cream tea, or a burger there will be plenty to look at – the dog show, many different types of vehicles – vintage cars, military vehicles and more.

To get involved please do contact any of the Committee members. – ring me and I'll put you in touch with the relevant person Celia O'Shea – Chairman – 01243 788969

Facebook – <https://www.facebook.com/Mundham-Gala-339312513353472>

Twitter - [@Mundham\\_Gala](https://twitter.com/Mundham_Gala)

Celia O'Shea  
Chairman

---

### Reflection: Rumi

Your grief for what you've lost lifts a mirror  
up to where you are bravely working.

Expecting the worst, you look, and instead,  
here's the joyful face you've been wanting to see.

Your hand opens and closes and opens and closes.  
If it were always a fist or always stretched open,  
you would be paralysed.

Your deepest presence is in every small  
contracting and expanding,  
the two as beautifully balanced  
and coordinated  
as birdwings.



*Please forward this edition to your friends, if they would like to receive a regular copy they can email us at [mmmeditors@gmail.com](mailto:mmmeditors@gmail.com) Louise Russell & Mick Lovell*

## A CLASS OF THEIR OWN

If you are on the waterfront at Itchenor or have the good fortune to be sailing through the rows of boats lining the channel from Chichester and Birdham marinas and Dell Quay, you will see several identical classic sailing boats. These are likely to be the Solent Sunbeams, which are an important part of Itchenor Sailing Club.

The Solent Sunbeams are a classic, wooden sailing dinghy dating from the 1920s following the lines of racing boats of that era. They were designed by naval architect, Alfred Westmacott in 1923. Originally Sunbeams were built to be crewed by up to 3 people. They are uniform, being 26 feet and five inches in length (seventeen feet and six inches on the waterline) with a six-foot beam and three feet and nine inches draught; thus a hull and keel much deeper than modern designs. The Sunbeams were originally constructed at the boatyard of Woodnitt and Co. Ltd., St Helen's, Isle of Wight and began as racing dinghies on the Hamble. Many had female names ending in "Y".



A second fleet of boats were started at Falmouth. They then followed developments applicable to sailing in Falmouth Harbour and off the Cornwall coast. The Solent fleet was centred on Bembridge and Seaview on the Isle of Wight, but it was re-established at Itchenor after World War Two where it remains.

The Solent Sunbeam is one of a few classic keel boats still racing and the oldest boat sailing is over 90 years of age. Itchenor Sailing Club frequently arranges races for the class; all the owners are club members. They can be raced in Chichester harbour given enough depth of water, but really come into their own racing outside the harbour. In the open water east of the Isle of Wight and in the Solent, the Sunbeams under full canvas with a spinnaker, can really be put through their paces giving an exhilarating sail. They are also comparatively buoyant and dependable and for those sitting in the cockpit, there is a reasonable area of view under the line of the sails. The RYA recognises Solent Sunbeams as a specific class and the boats have their own races at the Cowes Classic Boat Rally in July and Cowes Week in August.

Thirty-nine Solent Sunbeams were constructed at St. Helen's between 1922 – 38. After World War Two, Woodnitt and Co. moved to Warsash and construction continued. However, the boatyard closed following a disastrous fire which also destroyed the Sunbeam plans and moulds. In 1965, the plans were re-drawn and some new boats were built at H. Attrill and Sons boatyard at St Helen's adjacent to the original Woodnitt yard. However, the traditional wooden construction was now too expensive for most potential buyers. Therefore, most of the post-1965 boats have been made of glass fibre with cockpits and some outer woodwork being made of varnished teak, which maintains the traditional Sunbeam appearance.

In total 48 of the original and, to date, 9 of the newer design have been constructed. All Solent Sunbeams have well established records and their histories can be traced. They remain an important feature of Itchenor Sailing Club and Chichester harbour.

<https://solentsunbeam.co.uk/solent-sunbeams-surviving-and-thriving-despite-covid-19/>

Helena Millen

## PRESSED BOTANICAL TILES.

- **Next month** Louise will show how to make original and imaginative botanical tiles like these.
- A fabulous and easy way to manufacture your own unique tiles.
- Use flowers from your own garden or common plants from local hedgerows.



*Please forward this edition to your friends, if they would like to receive a regular copy they can email us at [mmmeditors@gmail.com](mailto:mmmeditors@gmail.com) Louise Russell & Mick Lovell*



## Bosham Loop; Local charm and coastal delights in this 4 mile gentle amble.

**Explore Bosham old and new, wander round quirky Hamblin Hall and try your hand on the causeway –if the tide is right.**

Start from the layby at **GR SU806053**; (**W3W dandelions.helped.unspoiled**).

The Hamblin Centre which can be visited during normal opening hours has a quirky garden and a small garden centre with friendly advice and some plants for sale.

From the layby go right for a short while along a narrow path parallel to the main road. **Taking care of traffic**, cross the A259 following the footpath sign which brings you onto the coast with views across Colner Creek towards the sea. Take a left once on the coastal path and follow it round through a gap in the tree hedge and then continue right on the path along the field edge till you come to the far right hand corner. At the fingerposts take a right to go along the coastal path where you will pass an old shipyard on your left and come to a small jetty. Turn inland past the old shipyard along Windward Road then right at the T-junction towards the picturesque Millstream Hotel and right again down towards Bosham centre arriving at Bosham Walk Art & Craft Centre and the shore.

From here you are free to explore either right into Old Bosham towards the yacht club, green and church or left along the seashore/sea-wall subject to the tide.

On the left hand path there are some delightful private gardens and dwellings and views across the creek. At the right state of tide, a causeway opens up across the creek for the adventurous, by which you can return into the village for a well earned ice cream or more.



Exploring the church inside and out is also recommended. See if you can find in the churchyard the 18th Century gravestone of a local mariner lost at sea with its sailors prayer beautifully engraved.

To the west of the church the rare pristine chalk stream must not be missed. Nearby and difficult to find but worth searching out, is a signposted path which takes you down onto the sea edge past a splendid Elizabethan building with lead and wooden guttering and downpipes. from here excellent views can be had across the channel of people 'messing around in boats'.

Exploration complete you can return back to The Hamblin Centre along Bosham Lane past the Bosham Walk and Art/Craft Centre turning

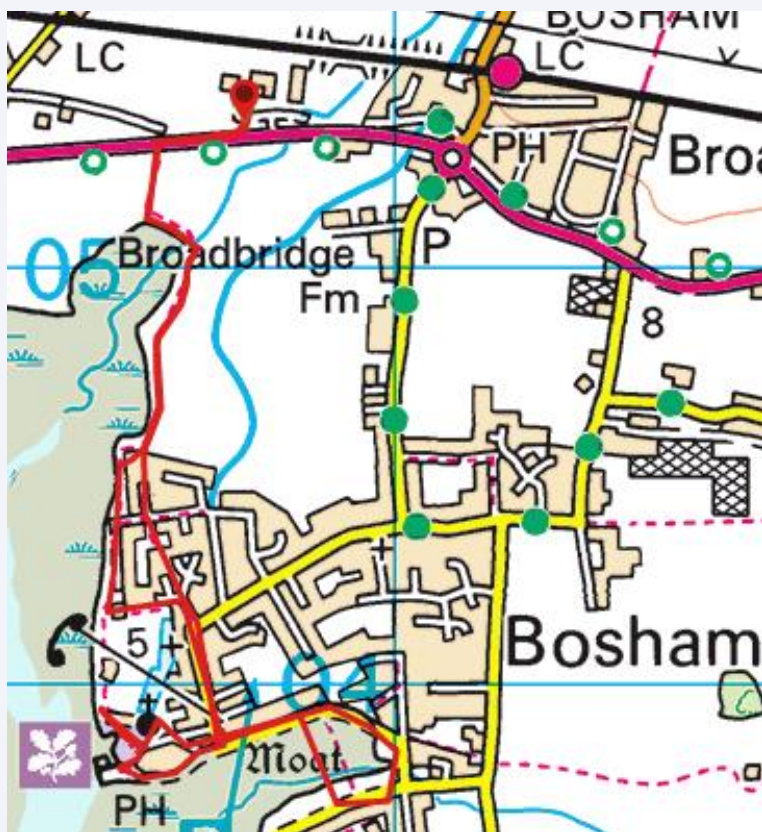
left at the junction with the Millstream Hotel on your right. At the next T-Junction the path is signed going north between 2 houses. Continue north on this path till you reach the shore path. Keep north along the field edge till you reach the gap in the tree hedge and proceed briefly along the shore turning right at the fingerpost pointing towards the A259 and, carefully crossing this road, turn right and back to the layby and The Hamblin Centre.

### **An optional way in and out of Bosham -subject to the tide, walker skills and footwear.**

From the old boatyard you can choose to continue along the coast and enter Bosham along the sea wall edge. Walk along the tideline subject to tide conditions and with suitable footwear as there can be some very slippery sections and stepping stones. The signposted path from the shore into the middle of Bosham can be tricky to find. Look for a gap in the fence adjacent to a beautiful Elizabethan house; the fingerpost is fixed to the fence.

The 'gpx' track can be downloaded from Viewranger as 'Bosham Loop'.

**Ordnance Survey maps are Landranger 197 or Explorer 120.**

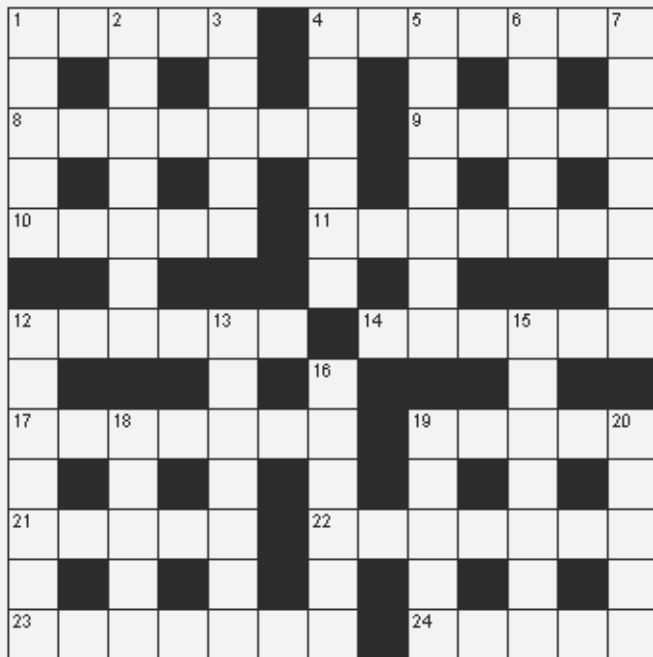


**Mick**

## CROSSWORD.

© Puzzle Choice

Standard Crossword- ukp029



### Across

1. Tempest (5)
4. Perplexes (7)
8. Fall back (7)
9. Portion (5)
10. Boasts (5)
11. Compared (7)
12. Pact (6)
14. Pique (6)
17. Certify (7)
19. Meeting place (5)
21. Mountain range (5)
22. Flair (7)
23. Passed by (7)
24. Begin (5)

### Down

1. Bush (5)
2. Indignation (7)
3. Encounters (5)
4. Improved (6)
5. Crevice (7)
6. Jumped (5)
7. Thin (7)
12. Kind of syrup (7)
13. Despots (7)
15. Cure-all (7)
16. Assisted (6)
18. Play (5)
19. Planet (5)
20. Happening (5)

## PEREGRINE FALCONS IN SUSSEX.

### Past and Present: A Personal Perspective.

A time-travelling bird watcher from the 1960's seeing peregrine falcons in Chichester today might be astonished at the lack of cliffs or mountains nearby. To explain that imagined astonishment, it is helpful to recall a pocket-sized book of that period called 'The Observers Book of Birds'. As a boy my copy contained a sketch of peregrine falcons with young on the edge of a cliff; together with a note that, in the UK, they only nested on cliffs or in mountainous regions. We have peregrines in Chichester; so where are the cliffs and mountains? However, in the 1960's it was true, peregrines only lived in remote wild places; though their return to live amongst us tells us much more about our needs than it does about theirs.

To better understand the rarity of these birds of prey in Sussex between 1960 and 1990 let us imagine ourselves in post-war Britain with its need

to feed a large population. Producing massive amounts of food would require an industrialization of farming methods such as insect killing pesticides to help increase yields. The most well-known being DDT; though it was not until the 1960's, with the publication of books such as Rachel Carson's 'Silent Spring', that the cumulative impact of DDT on rural wildlife became widely appreciated.

As 'Top Predators', large birds of prey accumulate DDT in their bodies through the buildup of pesticide residues from their prey which thin their eggshells to the point that simply sitting on an egg would break it. Therefore, even though DDT helped to feed the UK in the post-war years, it also effectively emptied the agricultural regions of the British Isles of many of our major raptors, including the peregrine falcon. So that from 1957 to the 1990s, the residual UK population of peregrine falcons was mostly found in West Wales and the Highlands of Scotland. This is the real reason why my bird book perpetuated the idea that these falcons preferred cliffs and highlands. With what we know now it was nothing to do with their nesting preferences, it was to do with our need for food.

Happily, for us here in Sussex, with the abandonment of DDT type pesticides, peregrine falcons gradually returned to all their old nest sites; such that everyone is aware of the famous birds nesting on the tower of Chichester Cathedral; they are so popular that they play unwitting parts in their very own soap opera. Through the nest webcams every aspect of their family exploits impresses and delights us. Such birds are natural showmen and, apart from the post war years, they have always been our good neighbours. What raw excitement, what a visceral emotion; to be walking in the town centre and see this living missile fall from the sky and stop a pigeon, no mean flyer itself, in mid-flight. The shock and awe we feel may just, for a moment, stir in us deep imprinted memories of our hunter-gatherer origins. Of a time when eating to stay alive and feeding those close to us was all that mattered.

**Mick**





## Gardening: How to look after your garden in April/May.

Through April we should expect mostly sunny days now that spring has sprung, however the British weather can be unpredictable therefore we may also get the often rainy day. This month it is important to look after your garden and the wildlife, as well as getting the opportunity to plant a wide range of flowers to blossom your garden, and vegetables for a great source of food.

With the soil warming up this month, one job you can do is order a variety of flower seeds to sow this month. Such as; Achilleas, Antirrhinum, Calendula, Helianthus, Nasturtium, Papaver, and Salvia which will help brighten up your garden. Make sure you plant the seeds in the sunlight as well as often watering the seeds, to help the flowers grow to their full potential as there will be less rain this month. This will help you beautifully blossom your garden in preparation for the summer. A great suggestion is also to track what you have sown and planted in your garden, by writing it in a diary or notepad. This is because in the long run it will really help you out in the future with planning.

Furthermore, there is also a wide range of vegetables to sow this April now we have longer and warmer days. For example; peas, carrots, aubergines, courgettes, leeks, radishes, and spinach can all be sown this month to provide you with a wide range of tasty crops. Too add to this, there are also lots of great benefits to growing your own vegetables, such as improving your health and saving money. Therefore, one job you may want to do this month is grow your own vegetables, especially when now is a great time to do so.

Another important job you can do this month is to look after the wildlife. This is because in April/May you will find birds and other species building nests whilst also searching for sources of food and water, as well as insects who will be breeding, and other wildlife animals such as hedgehogs coming out of hibernation. Therefore, you can top up your bird feeders with rich food sources such as, nuts, fat balls, berries and fruit to provide birds a source of food. As well as this, you should leave out water and food (meat-based cat and dog food works) for hedgehogs to prepare them for breeding season. In conclusion, this is a busy time for gardening but also great new opportunities are available.

**Matthew Wiggs:** Mobile: 07771 857432,

Email: [mwiggs@btinternet.com](mailto:mwiggs@btinternet.com)

With hedgehogs on the move now, please help them with a quiet 'less tidy' place to hide and also a 'hedgehog highway' to assist travel between gardens.

**Editor**

## Travelogue. Shakin' All Over.

Pettorano Sul Gisio; Abruzzo; Italy.

The isolated Italian mountain towns are in the news for all the wrong reasons. In 2020 it was COVID-19 quarantine, and before that there were two substantial earthquakes. No wonder people leave them for the comparative security of coastal towns and jobs. Neither are they accessible,

being a long slow drive from Rome. Yet there is much to recommend these tiny settlements; perched atop plugs of rock; such as staggering views and the wildlife. The walking also has to be some of the best in Europe. There are not a hundred ways to walk between two points in these mountains and the routes use a striking red and white marker system. What could be easier, though large mammals like wolves or brown bears are regular hazards for walkers? Checking the weather forecast is always essential; as is a very early start to avoid temperatures above 35C and mountain thunderstorms.

In June of 2016 with a friend, we undertook a weeks walking around Pettorano sul Gisio, about 100 miles from Aquila. Pettorano has a rugged, lonely yet faded magnificence, though at least two thirds of the houses are empty. Many are kept as holiday retreats by families who have moved to the cities, but who rarely return. One



such flat was our home for the week. Those who do still live there care for their houses with a passion and an eye for timeless beauty to compensate for centuries of depredation. Each new alley offered up an inspirational vista of the town or across the valley of the river Gisio.

Our favourite trek was in a loop from Campo Di Giove- Jupiter's Field- a ski resort that in June was a balmy 25C at 1200 metres and covered with spring flowers.

We walked part of the famous 65 mile 'Freedom Walk' through which around 800 British servicemen escaped with the help of Italian partisans during WW2.

The world has changed since 2016 and arguably The Abruzzo will be more inaccessible than ever for UK visitors. I count myself lucky to have experienced it, though admittedly I have mixed feelings about any meeting with a brown bear.



Checking the weather forecast is always essential; as is a very early start to avoid temperatures above 35C and mountain thunderstorms.



Each new alley offered up an inspirational vista of the town or across the valley of the river Gisio.



**Mick**



## Quiz.

Answers on p12.

1. By what name was the Year 2000 problem, relating to the formatting of calendar data, more commonly known?
2. Which outdoor clothing brand name can also mean a series of races?
3. What's the name of the flat disc balanced on the backs of four elephants and a giant turtle in the comic fantasy book series written by Terry Pratchett?
4. Which French resistance fighter was awarded the 1969 Nobel Prize in Literature?
5. Which British entertainer died in 1999 when he fell off the roof of his bungalow whilst adjusting a television aerial?
6. What number can be dialled to reach all three emergency services anywhere in Europe?
7. The trivia board game *Trivial Pursuit* was created in 1979 by Chris Haney in which country?
8. Labour leader Keir Stammer's middle name is also the same name as an *Only Fools and Horses* character, what is it?
9. The Gunfight at the O.K. Corral was a 30-second shootout in 1881, in which town?
10. In Norse mythology, Yggdrasil is an immense mythical tree - what type of tree?
11. Which United States military cemetery is located across the Potomac River close to Washington, D.C.?
12. Which type of poem is created by taking words and phrases from other sources and reframing them - comedian Dave Gorman features such a poem in each episode of his series *Modern Life is Goodish*?
13. Which type of edible fish, found on the coasts of Africa and Australasia, is often called a Peter's Fish and has a compressed olive-yellow body with a large dark spot?
14. Which cathedral contains the world's oldest working clock and also the best surviving copy of the four original *Magna Cartas*?
15. In the southern hemisphere, moss mostly grows on which side of trees - the north, south, west, or east side?
16. Which code word in the phonetic alphabet is also a capital city?
17. How many red stripes are there on the American flag?
18. Which actor played the fictional character, Egghead, in the 1960s *Batman* television series?
19. Who made the famous "Ich bin ein berliner" speech in 1963?
20. The first modern hand grenade became available to British troops in 1915 - what was it called?

## Art: Spring Gardens.

Now that Spring has sprung and we have the prospect of lighter evenings and warmer weather for many of us our thoughts are turning towards the garden. Many artists have depicted their own and other people's gardens over the centuries, but probably the most famous artist's garden of all is Monet's garden at Giverny.



For a while Monet was part of the artist's colony known as the Barbizon school, where he and several of his friends painted out-of-doors. For the first time synthetic pigments in metal tubes enabled artists to paint directly from nature (although usually working the painting up in the studio). Against his parents' wishes he went to Paris, to study painting and it was here in Paris that he formed lasting friendships with the artists who would become the major impressionists, Pissarro, Cézanne, Renoir and others.

Impression, Sunrise 1874 is the painting credited with giving the movement its name (initially the critics ridiculed the painting by giving it this nickname!). The focus is almost entirely on colour and light, emphasizing the breaking sunlight and its undulating reflections; it is a medley of blues and oranges in the atmosphere of the early morning at Le Havre



In 1883 Monet rented a country house in Giverny, he loved the estate so much that he bought it in 1890 and lived there until his death in 1926. When he took over the property he discovered an orchard,

which over the following years he changed into a sea of flowers. In 1900 Monet painted this lush opulence of flowers, shrubs, overhanging trees and patchwork light. There is no horizon to our field of vision and this perpetuates the abiding Impressionist ambition to harmonise spatial depth and surface.

In his later works (The Weeping Willow 1920-22) Monet allowed his vision of light to dissolve the real structures of his subjects, and by 1920 he was painting in a near abstract style. Monet's representation of light was based on his knowledge of the laws of optics as well as his own observations. He would show natural colour by breaking it down into its different components as a prism does and eliminating black and grey from his palette.

Monet rejected entirely the academic approach to landscape and in the last decade of his life, nearly blind, he painted a group of large water lily murals for the Musée de l'Orangerie in Paris.



**Celia O'Shea**  
**April 2021**

**PEA BLOSSOM TART**

Baked between two baking sheets, puff pastry becomes beautifully crisp, and makes the perfect base for this vegetarian tart.

**Ingredients: 6 Servings.**

Plain flour for dusting

500g Block puff pastry

150g podded broad beans

350g Frozen peas

250g Ricotta

1 Tbsp chopped mint, plus small mint leaves to garnish

1 Large garlic clove peeled and crushed

Zest and juice of half a lemon

A small handful of pea shoots and edible flowers to garnish

**Method**

1) Preheat the oven to 200 deg. C. ( 180 fan oven ) or gas mark 6. On a lightly floured surface, roll out the put pastry to a rectangle measuring 30cm X 35cm and 5mm thick. Trim and discard the edges.

2) Put on to a baking sheet lined with baking parchment and bake for 12 minutes or until will puffed and golden. Remove from oven, put another piece of baking parchment just larger than the pastry on top, then another baking sheet. Press the baking sheet down to flatten and bake for another 35-40 minutes or until golden and crisp. Remove from the oven and leave to cool.

3) Bring a large pan of water to boil, add the beans and boil for 3 minutes. Drain, then tip into a large bowl of icy water. Slip off the outer skins. Put the peas into a large bowl and cover with boiling water.

4) In a food processor or with a stick blender, blend 150g of the peas with the ricotta, mint and garlic. Stir through the lemon zest and season to taste.

5) Spread the ricotta mixture over the cooled tart. Toss the beans and remaining peas with the lemon juice. Scatter over the tart with the mint leaves, pea shoots and edible flowers.





## **READERS LETTER.**

### **THE PROBLEM OF TRAVELLERS ON NORTH MUNDHAM PLAYING FIELDS**

Once again our playing fields were broken into by 'travellers' this is the third time within the last five years. After the first time when caravans arrived and set up in the car park, they demanded that the village hall facilities should be left open so that they could use them but were denied and asked politely to leave, they defiled the adjacent woods instead leaving the car park in a filthy mess. Overhead bars and padlocks were installed on the gates. In 2020 the padlocks were cut open and from an adjacent house the break-in was filmed and given to the police as evidence, twenty caravans settled onto the playing fields pitch and made themselves at home. With the help of the Parish Council talking to the senior superintendent they were evicted after three nights. A lot of wilful damage was done to the pitch by cars driving round and round the pitch churning up the grass and mud in an attempt to destroy the ground. Dirty nappies were thrown into the adjacent field and hardcore rubble was dumped onto the field, sacks full of rubbish were deliberately dumped and spread around the field. The Playing Fields Trust discussed what to do about strengthening the boundaries, nothing was done.

On Sunday 11th April the 'travellers' arrived again. They cut open the overhead bars and cut open the locks and at least ten caravans came in just as before, the whole operation took them about five minutes. This time they were evicted again and had to leave by 10 am Tuesday. They did not leave by 10 am but as you see from the photos a police presence saw to it that they did. Again as you see from the photos car tracks scored the ground, litter was thrown around, the remains of somebody's roof was tipped into a corner after a roofing job, The roofing van deliberately drove straight at one of the onlookers trying to exercise their dogs in the field and screeched to a halt just five feet from him in an aggressive attempt of intimidation. Children were seen defecating deliberately in the middle of the field.

The playing fields are owned and run as a charity by the Playing Fields Trust. This is not a Parish Council matter although inevitably they get dragged into the fight to deal with the problem. Within the last five years two housing estates have been built opposite the Playing Fields and the residents have been monitoring the situation and are the first to phone the police and alert the Parish Council. Everybody in the Parish enjoys being able to use the village hall and the field so it is in everybody's interest to try and make sure that the boundaries of the field are safe. Various ideas have been put forward. a ditch and berm ( small mound ) to protect the field boundary for example, or a motor cycle security chain on the gates and barriers, or protecting the barrier locks inside steel boxes. The truth is that travellers seem to have the tools to cut through pretty well anything. However the fact that nothing was done to improve the security of the field after the first time the locks were broken allowing the 'travellers' to break in exactly as they had done before shows that nobody can afford to be complacent.

The residents living opposite the Playing Field and the Playing Fields Trust Committee did a valiant job in clearing up the field after the travellers had left.

So to conclude, what is to be done to make sure that this does not happen again ?

**Name and Address Supplied.**



## Crossword Solution from p7.

## Quiz Answers from p 9.

Solution - ukp029

S	T	O	R	M		B	A	F	F	L	E	S
H		U		E		E		I		E		L
R	E	T	R	E	A	T		S	H	A	R	E
U		R		T		T		S		P		N
B	R	A	G	S		E	Q	U	A	T	E	D
		G				R		R				E
T	R	E	A	T	Y		T	E	M	P	E	R
R				Y		H				A		
E	N	D	O	R	S	E		V	E	N	U	E
A		R		A		L		E		A		V
C	H	A	I	N		P	A	N	A	C	H	E
L		M		T		E		U		E		N
E	L	A	P	S	E	D		S	T	A	R	T

1. The Millennium bug	11. Arlington National Cemetery
2. Regatta	12. A found poem
3. Discworld	13. John Dory
4. Samuel Beckett (although Irish he lived most of his life in Paris)	14. Salisbury Cathedral
5. Rod Hull	15. North
6. 112	16. Lima
7. Canada	17. Seven
8. Rodney	18. Vincent Price
9. Tombstone (Arizona)	19. President John Fitzgerald Kennedy
10. Ash tree	20. Mills bomb

### Attributions.

Cartoons and sayings are freely available on social media and are supplied without attribution.  
Except as stated below the photos are the property of contributors/editors or are freely available without attribution.  
Copyright attribution is indicated by ©

P1/6	Bosham House.	Jackie Lovell
P4	Lake.	Russell Kendall
P5	Sunbeam racing.	© <a href="https://solentsunbeam.co.uk/solent-sunbeams-surviving-and-thriving-despite-covid-19/">https://solentsunbeam.co.uk/solent-sunbeams-surviving-and-thriving-despite-covid-19/</a>
P7	Peregrine.	Image by moonzigg from Pixabay. <a href="https://pixabay.com/photos/raptor-peregrine-falcon-falcon-bird-2745549/">https://pixabay.com/photos/raptor-peregrine-falcon-falcon-bird-2745549/</a>
P9/12	Quiz.	© Freepubquiz.co.uk
P10	Pea Blossom Tart	© Good Housekeeping.

This magazine has been put together to put people in touch with one another in the village, to encourage the swapping of plants, recipes, books, Exchange & Mart, hints, ideas and things to do.  
'Letters to the Editor' would be very welcome. We seek to encourage people's input to the magazine.  
Help us fill the following issues and make your voice part of our local life.

### Editor's Notes for Published Material

If you wish to advertise an event which takes place during the first two weeks of the month, it needs to be in the previous month's magazine. If it goes in the magazine of the month it will take place, it won't reach all the readers in time. We want to advertise your events very much so please make sure we can. Thank you.

**COPY:** 400-600 words as a target please, short articles very welcome: Small is beautiful!

Copy should be emailed to editors by 25th of the month to allow for distribution by the first week of the following month.

Any font acceptable, Tahoma or Calibri 11 pt. preferred. We alter it to fit the available space.

NB Letters can be longer. -See Disclaimer.

NB2 All provided images should be royalty free since all images in the magazine are published as royalty-free.

### DISCLAIMER

The views expressed in the Mundham Monthly are not necessarily those of the editorial team. The Editors reserve the right to edit and rearrange articles, but will endeavour to do so only where space is limited or where the information will be enhanced. All information is published in good faith but we take no responsibility for errors/omissions or any loss or inconvenience caused by its use.

We are happy to publish letters as 'name and address supplied' but will not include anything sent anonymously that is clearly defamatory or hurtful to a specific individual or group.

**The Editorial Team**

*Please forward this edition to your friends, if they would like to receive a regular copy they can email us at [mmmeditors@gmail.com](mailto:mmmeditors@gmail.com) Louise Russell & Mick Lovell*